

GEORGETOWN VISITATION PREPARATORY SCHOOL STUDENT-ATHLETE NAMED GATORADE DISTRICT OF COLUMBIA GIRLS TRACK & FIELD PLAYER OF THE YEAR

CHICAGO (June 24, 2025) — In its 40th year of honoring the nation's most elite high school athletes, Gatorade today announced **Abby Anstett** of **Georgetown Visitation Preparatory School** is the **2024-25 Gatorade District of Columbia Girls Track & Field Player of the Year**.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation's best high school athletes for their success on the field, in the classroom and in the community. The award distinguishes Anstett as District of Columbia's best high school girls track & field athlete, and she joins an impressive group of alumni that spans CEOs, coaches and star athletes such as Sanya Richards (2001-02, St. Thomas Aquinas High School, Fl.), Sydney McLaughlin-Levrone (2014-15, 2015-16 & 2016-17, Union Catholic High School, N.J.) and Angelina Napoleon (2022-23, Allegany-Limestone Central School, N.Y.).

The 5-foot-6 sophomore distance talent took fourth in the elite mile race at the national HOKA Festival of Miles this past season and her state-record clocking of 4:44.34 at the event ranked No. 25 nationally among girls prep competitors this spring. Anstett also set two state records at the DCSAA Championships—in the 1600- and 3200-meter runs—and she broke a fourth state record in the 3000 at April's Penn Relays Carnival with a time of 9:54.03, which ranked No. 61 nationally. She capped her season at New Balance Nationals Outdoor with a fifth state record in the 2-mile run as her time of 10:22.39 ranked No. 33 nationally.

Anstett has volunteered locally with PR Run & Walk, a family owned running and walking specialty store, and as a student ambassador at her school. She has also donated her time as a youth track coach. "Abby has been extremely consistent with her high-level performances this spring," said Anthony Belber, head coach of Georgetown Day School. "She competes with poise and when she's challenged in a race, she raises her game and outperforms the competition."

Anstett has maintained a weighted 3.36 GPA in the classroom. She will begin her junior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports – football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field – and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X(Twitter) at x.com/Gatorade.

###