

**RIDGEWOOD HIGH SCHOOL STUDENT-ATHLETE NAMED  
GATORADE NEW JERSEY BOYS TRACK & FIELD PLAYER OF THE YEAR**

**CHICAGO** (June 25, 2025) — In its 40<sup>th</sup> year of honoring the nation's most elite high school athletes, Gatorade today announced **Luke Pash** of **Ridgewood High School** is the **2024-25 Gatorade New Jersey Boys Track & Field Player of the Year**.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation's best high school athletes for their success on the field, in the classroom and in the community. The award distinguishes Pash as New Jersey's best high school track & field athlete, and he joins an impressive group of alumni that spans CEOs, coaches and star athletes such as Alan Webb (2000-01, South Lakes High School, Va.), Kerron Clement (2002-03, Laporte High School, Texas) and Christian Miller (2023-24, Creekside High School, FL).

The 5-foot-11, 130-pound senior distance talent earned All-American honors by taking third in the mile at the RunningLane Track Championships this past season and his time of 4:03.02 ranked No. 14 nationally among boys prep competitors in 2025 and No. 2 in state history. Pash finished third in the 3000-meter run at the Penn Relays in 8:17.51, which ranked No. 19 nationally. Unbeaten at 3200 meters this spring, he also finished as the state leader in the 800, mile and 3000.

Pash has volunteered locally as a youth baseball umpire and basketball official. He has also donated his time to multiple community service initiatives through his church. "Luke Pash rode his excellent range to emerge among the Garden State's best distance talents ever," said Rich Gonzalez, editor of PrepCalTrack.com. "He finished prominently on New Jersey's all-time lists in events ranging from the 800 to the 3200."

Pash has maintained a 3.30 GPA in the classroom. He has signed a written letter of athletic aid to compete at the University of North Carolina this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports – football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field – and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [playeroftheyear.gatorade.com](https://playeroftheyear.gatorade.com) or follow us on social media on Instagram at [instagram.com/Gatorade](https://instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://facebook.com/GatoradePOY) and X(Twitter) at [x.com/Gatorade](https://x.com/Gatorade).

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