

WESTERN DUBUQUE HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE IOWA BOYS TRACK & FIELD PLAYER OF THE YEAR

CHICAGO (June 25, 2025) — In its 40th year of honoring the nation's most elite high school athletes, Gatorade today announced **Quentin Nauman** of **Western Dubuque High School** is the **2024-25 Gatorade Iowa Boys Track & Field Player of the Year**.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation's best high school athletes for their success on the field, in the classroom and in the community. The award distinguishes Nauman as Iowa's best high school track & field athlete, and he joins an impressive group of alumni that spans CEOs, coaches and star athletes such as Alan Webb (2000-01, South Lakes High School, Va.), Kerron Clement (2002-03, Laporte High School, Texas) and Christian Miller (2023-24, Creekside High School, Fl.).

The 5-foot-9, 130-pound junior distance talent won the mile event at the HOKA Festival of Miles this past season, breaking the tape with a time of 3:58.65 to set a state record. The clocking ranked No. 1 nationally among boys prep competitors this spring. Nauman also won the 800-, 1600- and 3200-meter runs at the Class 3A state meets, setting state records in the 800 (1:49.41) and 1600 (3:59.60) while distinguishing himself as the first prep runner in U.S. history to break 1:50 in the 800 and 4 minutes in the 1600 on the same day. His 1600 mark also ranked No. 1 nationally at the time of his selection. He capped his spring by winning the national title in the mile at Nike Outdoor Nationals.

A member of the Western Dubuque High School student advisory committee, Nauman has volunteered locally with Western's Service Day and as a youth track coach. He has also donated his time to multiple community service initiatives through his church. "Quentin is the greatest track athlete in Iowa history," said Jason Lansing, head coach of Central DeWitt High School. "He is not a contender for that title; he is the best in the state by a long shot, and it wouldn't surprise me to see him running in the Olympics in a few years."

Nauman has maintained a 3.90 GPA in the classroom. He will begin his senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports – football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field – and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at instagram.com/Gatorade, Facebook at facebook.com/GatoradePOY and X(Twitter) at x.com/Gatorade.

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