

MOANALUA HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE HAWAII BOYS TRACK & FIELD PLAYER OF THE YEAR

CHICAGO (June 25, 2025) — In its 40th year of honoring the nation's most elite high school athletes, Gatorade today announced **James Millare** of **Moanalua High School** is the **2024-25 Gatorade Hawaii Boys Track & Field Player of the Year**.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation's best high school athletes for their success on the field, in the classroom and in the community. The award distinguishes Millare as Hawaii's best high school track & field athlete, and he joins an impressive group of alumni that spans CEOs, coaches and star athletes such as Alan Webb (2000-01, South Lakes High School, Va.), Kerron Clement (2002-03, Laporte High School, Texas) and Christian Miller (2023-24, Creekside High School, Fl.).

The 5-foot-7, 130-pound junior middle distance and distance talent swept the 800-, 1500- and 3000-meter events at the HHSAA state meet this past season, leading the Nā Menehune to the team title. Millare's winning time of 3:53.16 in the 1500 broke the meet record and ranked No. 13 nationally among boys prep competitors this spring. He also broke the tape in the Open division mile race at the prestigious Arcadia Invitational in California, clocking 4:11.09. In addition, he clocked PRs in both the 800 (1:53.38) and 3000 (8:58.38) during his junior campaign, and he also crossed the line in fourth with a time of 1:53.58 in the Nike Outdoor Nationals' Emerging Elite 800 final. The 2024-25 Hawaii Boys Cross Country Gatorade Player of the Year award, he picked up Oahu Interscholastic Association championships in the 800 and 1500 this spring as well.

Millare has volunteered locally with his church community and has also participated in the Junior Reserve Officers' Training Corps. "It's not every day a distance competitor from Hawaii drops a Top 15 time in the national rankings in a given season," said Rich Gonzalez, editor of PrepCalTrack.com. "Millare showed excellent range across a variety of distances and his win at Arcadia portends even bigger things for his final high school season."

Millare has maintained a 3.41 GPA in the classroom. He will begin his senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports – football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field – and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at instagram.com/Gatorade, Facebook at facebook.com/GatoradePOY and X(Twitter) at x.com/Gatorade.

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