

**BREWSTER ACADEMY STUDENT-ATHLETE NAMED
GATORADE NEW HAMPSHIRE GIRLS SOCCER PLAYER OF THE YEAR**

CHICAGO (June 18, 2025) — In its 40th year of honoring the nation's most elite high school athletes, Gatorade today announced **Lauren Christy** of **Brewster Academy** is the **2024-25 Gatorade New Hampshire Girls Soccer Player of the Year**.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation's best high school athletes for their success on the field, in the classroom and in the community. The award distinguishes Christy as New Hampshire's best high school girls soccer player, and she joins an impressive group of alumni that spans CEOs, coaches and star athletes such as Morgan Gautrat (2010-11, Frederica Academy, Ga.), Mallory Swanson (2014-15, Mountain Vista High School, Colo.), Kennedy Fuller (2022-23 & 2021-22, Southlake Carroll High School, Texas).

The 5-foot-4 senior midfielder scored 23 goals and passed for 26 assists this past season, leading the Bobcats (16-3) to the New England Prep School Athletic Council Class C tournament championship game. A three-time NEPSAC All-Star, Christy is a two-time Boston Globe All-Scholastic selection. She concluded her prep soccer career with 73 goals and 71 assists.

A dorm proctor at Brewster Academy, Christy has volunteered locally with Best Buddies and Morgan's Message, a program designed to take the stigma out of mental health issues among athletes. She has also donated her time as a youth soccer coach and camp counselor. "Lauren is the best player we've played against in the last four years," said Conor O'Meara, head coach of the Holderness School. "She has all the key qualities of an attacking midfield player. She can break the press with her dribbling, create scoring opportunities for herself and teammates and has a wide array of passing ability."

Christy has maintained a 3.58 weighted GPA in the classroom. She has signed a written letter of athletic aid to play soccer at Syracuse University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports – football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field – and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X(Twitter) at x.com/Gatorade.

###