

**TIMPVIEW HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE UTAH GIRLS CROSS COUNTRY PLAYER OF THE YEAR**

CHICAGO (January 16, 2025) — In its 40th year of honoring the nation's most elite high school athletes, Gatorade today announced **Jane Hedengren** of **Timpview High School** is the **2024-25 Gatorade Utah Girls Cross Country Player of the Year**. Hedengren is the first Gatorade Utah **Girls Cross Country** Player of the Year to be chosen from Timpview High School.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation's best high school athletes for their success on the field, in the classroom and in the community. The award distinguishes Hedengren as Utah's best high school girls cross country athlete and she joins an impressive group of alumni that spans CEOs, coaches and star athletes such as Jordan Hasay (2008-09, Mission College Preparatory Catholic High School, Ca.), Katelyn Tuohy (2017-18, 2018-19 & 2019-20, North Rockland High School, N.Y.) and Addison Ritzenhein (2023-24, Niwot High School, Co.).

The 5-foot-11 senior broke the tape at the Nike Cross Nationals Final this past season, clocking a course-record time of 16:32.7 to win by a meet-record 41-second margin. Hedengren also won the Nike Cross Southwest Regionals with a meet-record time of 15:50.1. She also won the UHSAA Class 5A state meet in 16:21.5, leading the Thunderbirds to the team title. The state's returning Gatorade Girls Cross Country Player of the Year, she concluded her prep distance career as a three-time state champion.

Hedengren has volunteered locally on behalf of the Road Runner Junior Club as a coach and race day official. She has also donated her time as part of multiple community service initiatives with her church youth group. She has a summer job assembling engineering kits in association with the BYU Chemical Engineering Department. "The postseason proved to be 'Go Time' for Jane Hedengren and no one else ever had a chance," said Rich Gonzalez of PrepCalTrack. "Facing the two strongest national fields of the year in the NXN Final and the Nike Cross Southwest Regional, she won each race in record time and by staggering margins to overwhelm her rivals and end any speculation as to the nation's premier talent in 2024."

Hedengren has maintained a 3.75 GPA in the classroom. She has signed a written letter of athletic aid to run cross country and track at Brigham Young University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports - football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field - and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Two-time winner Hedengren joins recent Gatorade Utah Girls Cross Country Players of the Year Andie Aagard (2022-23, Lone Peak High School), Addi Bruening (2021-22, Herriman High School) and Carlee Hansen (2020-21, Woods Cross High School), among the state's list of former award winners.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X(Twitter) at x.com/Gatorade.