

**SEVERN SCHOOL STUDENT-ATHLETE NAMED  
GATORADE MARYLAND GIRLS CROSS COUNTRY PLAYER OF THE YEAR**

**CHICAGO** (January 16, 2025) — In its 40<sup>th</sup> year of honoring the nation’s most elite high school athletes, Gatorade today announced **Emma Patrick** of **Severn School** is the **2024-25 Gatorade Maryland Girls Cross Country Player of the Year**. Patrick is the first Gatorade Maryland **Girls Cross Country** Player of the Year to be chosen from Severn School.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their success on the field, in the classroom and in the community. The award distinguishes Patrick as Maryland’s best high school girls cross country athlete, and she joins an impressive group of alumni that spans CEOs, coaches and star athletes such as Jordan Hasay (2008-09, Mission College Preparatory Catholic High School, Ca.), Katelyn Tuohy (2017-18, 2018-19 & 2019-20, North Rockland High School, N.Y.) and Addison Ritzenhein (2023-24, Niwot High School, Co.).

The 5-foot-9 junior set a course record in winning the Maryland Private School State Championships Large School Division race this past season with a time of 18:04.2, breaking the tape more than 100 seconds ahead of her next-closest competitor and leading the Admirals to eighth place as a team. Patrick also won the Independent Athletic Association of Maryland Championships. She took 11th at the Foot Locker Northeast Regional Championships to earn Second Team All-Region honors.

Patrick has volunteered locally with the Blue Ribbon Project, a nonprofit that supports abused and neglected children. She has also donated her time on behalf of the Ronald McDonald House and Amnesty International. “Emma has been phenomenal the last two years,” said Rob Torres, head coach of The John Carroll School. “She is strong and smooth throughout an entire race and she wears down her competition by running a consistently fast pace.”

Patrick has maintained a weighted 4.57 GPA in the classroom. She will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports – football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field – and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Patrick joins recent Gatorade Maryland Girls Cross Country Players of the Year Eva Rogers (2023-24, Elizabeth Seton High School), Leah Stephens (2022-23, Our Lady of Good Counsel High School) and Juliette Whittaker (2021-22 & 2020-21, Mount de Sales Academy), among the state’s list of former award winners.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com) or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X(Twitter) at [x.com/Gatorade](https://x.com/Gatorade).