

**ST. THOMAS MORE CATHOLIC HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE LOUISIANA VOLLEYBALL PLAYER OF THE YEAR**

CHICAGO (January 9, 2025) — In its 40th year of honoring the nation’s most elite high school athletes, Gatorade today announced **Rhyan Miciotto** of **St. Thomas More Catholic High School** is the **2024-25 Gatorade Louisiana Volleyball Player of the Year**. Miciotto is the second Gatorade Louisiana Volleyball Player of the Year to be chosen from St. Thomas More Catholic High School.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their success on the court, in the classroom and in the community. The award distinguishes Miciotto as Louisiana’s best high school volleyball player, and she joins an impressive group of alumni that spans CEOs, coaches and star athletes such as April Ross (1999-00, Newport Harbor High School, Ca.), Kerri Walsh Jennings (1995-96, Archbishop Mitty High School, Ca.) and Ayden Ames (2023-24, Prosper High School, Texas).

The 5-foot-9 senior setter and opposite hitter led the Cougars to a 36-3 record and a fourth straight Division II state championship this past season. Miciotto amassed 491 assists and 318 digs, including a 16-assist, 12-dig effort in St. Thomas More Catholic High School’s 3-0 win over Ben Franklin High School in the state final, where she earned match MVP honors for a second straight year. She also compiled 265 kills, 74 service aces and 37 blocks while posting a kill percentage of .419 and a hitting percentage of .325 at net. The District II-4 Player of the Year and a two-time First Team All-State selection, she concluded her prep volleyball career with 2,119 assists.

A four-year campus minister at St. Thomas More Catholic High School, Miciotto has volunteered locally as a student ambassador and as a mentor and companion to special needs students through her school’s Options Program. She has also donated her time at the Children’s Museum of Acadiana and as a youth volleyball coach. “Rhyan Miciotto is a standout,” said Sivi Miller, head coach of St. Joseph’s Academy. “She’s not only a standout hitter but an elite setter as well. She can run the court, and she is a go-to hitter who has so much control. She is the definition of a leader.”

Miciotto has maintained a 3.95 GPA in the classroom. She has signed a written letter of athletic aid to play volleyball at the University of Louisiana-Lafayette this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states across 12 different high school sports – football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field – and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Miciotto joins recent Gatorade Louisiana Volleyball Players of the Year Camryn Chatellier (2023-24, St. Mary’s Dominican High School), AC Froehlich (2022-23, St. Thomas More Catholic High School) and Kate Baker (2021-22 & 2020-21, St. Mary’s Dominican High School), among the state’s list of former award winners.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$5.6 million in grants to winners across more than 2,000 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X(Twitter) at x.com/Gatorade.