CRATER HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE OREGON BOYS TRACK & FIELD PLAYER OF THE YEAR

CHICAGO (June 27, 2024) — In its 39th year of honoring the nation's most elite high school athletes, Gatorade today announced **Josiah Tostenson** of **Crater High School** is the **2023-24 Gatorade Oregon Boys Track & Field Player of the Year**. Tostenson is the first Gatorade Oregon Boys Track & Field Player of the Year to be chosen from Crater High School.

The award, which celebrates the nation's top high school athletes for excellence on the field, in the classroom and in the community, distinguishes Tostenson as Oregon's best high school boys track & field player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Alan Webb (2000-01, South Lakes High School, Va.), Kerron Clement (2002-03, Laporte High School, Texas) and Grant Fisher (2014-15 & 2013-14, Grand Blanc High School, Mich.).

The 5-foot-10, 125-pound junior distance talent clocked the nation's fastest time among prep boys in the 3000meter run, breaking the tape in 8:12.94 at the Class 5A state meet. Tostenson also won the 1500 (3:50.92) and shared in a third-place finish in the 4x400 relay, running the anchor leg for a foursome that clocked a 3:27.26 and helping the Comets finish second in the state as a team. His season-best time in the 1500 ranked No. 4 nationally, while his top mile (4:03.55) and his top 3200 (8:39.89) ranked No. 15 and No. 8 in the country, respectively.

Serving as the primary caretaker for his father, who is battling Parkinson's Disease, Tostenson has volunteered locally on behalf of a number of youth running camps and clinics in the area. "Having to often be the sole caretaker for an ailing family member, Josiah Tostenson's journey has often been tougher than most, but he has persevered and then some," said Rich Gonzalez of PrepCalTrack. "It's amazing the toughness he has shown in recent years, fighting through battle after battle. Anchoring the national record in the distance medley relay at New Balance Nationals was a huge achievement in a great show of sacrifice and teamwork."

Tostenson has maintained a B average in the classroom. He will begin his senior year of high school this fall.

The <u>Gatorade Player of the Year</u> program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Tostenson joins recent Gatorade Oregon Boys Track & Field Players of the Year Carter Cutting (2022-23, Wilsonville High School), Caleb Lakeman (2021-22, Tualatin High School), Mateo Althouse (2020-21, Lincoln High School) and Micah Williams (2019-20, Benson Polytechnic High School), among the state's list of former award winners.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$4.9 million in grants to winners across more than 1,900 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate studentathletes, visit <u>playeroftheyear.gatorade.com</u> or follow us on social media on Facebook at <u>facebook.com/GatoradePOY</u>, Instagram at <u>instagram.com/Gatorade</u> and X(Twitter) at <u>x.com/Gatorade</u>.