

**MIDDLETOWN HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE DELAWARE GIRLS TRACK & FIELD PLAYER OF THE YEAR**

CHICAGO (June 25, 2024) — In its 39th year of honoring the nation’s most elite high school athletes, Gatorade today announced **Isabelle Walsh** of **Middletown High School** is the **2023-24 Gatorade Delaware Girls Track & Field Player of the Year**. Walsh is the third Gatorade Delaware Girls Track & Field Player of the Year to be chosen from Middletown High School.

The award, which celebrates the nation’s top high school athletes for excellence on the field, in the classroom and in the community, distinguishes Walsh as Delaware’s best high school girls track & field athlete. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Sanya Richards-Ross (2001-02, St. Thomas Aquinas High School, Fla), Sydney McLaughlin (2016-17, 2015-16 & 2014-15, Union Catholic High School, N.J.) and Angelina Napoleon (2022-23, Allegany-Limestone Central School, N.Y.).

The 5-foot-4 senior distance talent won two gold medals in leading her team to a second-place finish at the Division 1 state meet. Walsh crossed the line in fifth place at the Trial of Miles with a time of 4:43.89, which ranked as the nation’s No. 19 performance among prep girls this spring. Her winning time in the 3200-meter event at the state meet clocked in at 10:15.24, which ranked as the nation’s No. 27 mark in 2024. Also a double-gold winner at the DIAA Meet of Champions, she captured the 1600 title in a personal-best 4:44.29.

Walsh has volunteered locally as a youth running coach and as a mentor for the Delaware Elite track club. “Isabelle Walsh stamped herself as a premier distance talent from the Mid-Atlantic this spring, capped by finishing as the state leader in four events” said Rich Gonzalez, editor for PrepCaTrack.com. “Unbeaten this season in the mile against in-state competition, she concludes her prep career ranked No. 2 in state prep history in both the 1600 and 3200.”

Walsh has maintained a weighted 3.37 GPA in the classroom. She has signed a National Letter of Intent to compete on scholarship at Villanova University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Walsh joins recent Gatorade Delaware Girls Track & Field Players of the Year Juliana Balon (2022-23 & 2021-22, Padua Academy), Charlee Crawford (2020-21, St. Georges Technical High School) and Erin Kelleher (2019-20, Padua Academy), among the state’s list of former award winners.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$4.9 million in grants to winners across more than 1,900 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and X(Twitter) at x.com/Gatorade.