

**ST. JOHN'S COLLEGE HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE DISTRICT OF COLUMBIA BASEBALL PLAYER OF THE YEAR**

CHICAGO (June 3, 2024) — In its 39th year of honoring the nation's most elite high school athletes, Gatorade today announced **Sean McCabe** of **St. John's College High School** is the **2023-24 Gatorade District of Columbia Baseball Player of the Year**. McCabe is the fifteenth Gatorade District of Columbia Baseball Player of the Year to be chosen from St. John's College High School.

The award, which celebrates the nation's top high school athletes for excellence on the field, in the classroom and in the community, distinguishes McCabe as District of Columbia's best high school baseball player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Gary Sheffield (1985-86, Hillsborough High School, Fla.), Alex Rodriguez (1992-93, Westminster Christian School, Fla.), Clayton Kershaw (2005-06, Highland Park High School, Texas) and Max Clark (2022-23, 2021-22 & 2020-21, Franklin Community High School, Ind.).

The 6-foot-2, 195-pound junior right-handed pitcher led the Cadets to a 26-5 record and their second consecutive Washington Catholic Athletic Conference championship this past season. McCabe compiled a 7-2 record on the mound with a 0.59 ERA, surrendering just 18 hits in 47.1 innings while striking out 65 batters. He also held opponents to a .115 batting average and was a First Team WCAC All-Conference selection.

McCabe has volunteered locally with Christopher Cares, a philanthropic organization that helps rebuild houses. He has also participated in St. John's community service initiatives. "We saw some great competition this year inside and outside of D.C.," said Gregory Ladd, head coach at Gonzaga College High School. "In our games against St. John's, Sean McCabe definitely stood out, including a shutout performance on the mound against us in the WCAC championship. He was very impressive."

McCabe has maintained a 4.04 GPA in the classroom. He has made a verbal commitment to play baseball on scholarship at the College of Charleston in the fall of 2025.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

McCabe joins recent Gatorade District of Columbia Baseball Players of the Year Bryson Moore (2022-23, Gonzaga College High School), Nick Morabito (2021-22, Gonzaga College High School), Max Simpson (2020-21, St. John's College High School) and Collin Bosley-Smith (2019-20, Wilson High School), among the state's list of former award winners.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$4.9 million in grants to winners across more than 1,900 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and X(Twitter) at x.com/Gatorade.

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