

TILTON SCHOOL STUDENT-ATHLETE NAMED
GATORADE NEW HAMPSHIRE GIRLS BASKETBALL PLAYER OF THE YEAR

CHICAGO (March 14, 2024) — In its 39th year of honoring the nation's most elite high school athletes, Gatorade today announced Ahnay Adams of Tilton School is the 2023-24 Gatorade New Hampshire Girls Basketball Player of the Year. Adams is the second Gatorade New Hampshire Girls Basketball Player of the Year to be chosen from Tilton School.

The award, which celebrates the nation's top high school athletes for excellence on the court, in the classroom and in the community, distinguishes Adams as New Hampshire's best high school girls basketball player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Candace Parker (2003-04, 2002-03 & 2001-02, Naperville Central High School, Ill.), Paige Bueckers (2017-18, Hopkins High School, Minn.) and Juju Watkins (2022-23 & 2021-22, Sierra Canyon School, Calif.).

The 5-foot-6 senior guard averaged 19.8 points and 7.2 assists per game this past season, leading the Rams (29-3) to the Class AA New England Preparatory School Athletic Council (NEPSAC) title game. Adams also averaged 6.4 rebounds and 3.8 steals per game while shooting 47 percent from 3-point range. Ranked as the nation's No. 39 recruit in the Class of 2024 by espnW, she is now a three-time Gatorade Player of the Year and concluded her prep basketball career with 1,776 points.

A member of Tilton's student government, Adams has volunteered locally on behalf of the Special Olympics, the Spaulding Youth Center and Meals For Hope. "Ahnay is so good and she gets better every year," said Adrian Griffin, head coach of Loomis Chaffee High School. "I watched her process things in real-time in transition (very quickly) and once she gets into the paint, you're done. She improved as a shooter this year. She's just different."

Adams has maintained a B average in the classroom. She has signed a national letter of intent to play basketball on scholarship at the University of Miami this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Three-time winner Adams joins recent Gatorade New Hampshire Girls Basketball Players of the Year Isabella King (2020-21, Bedford High School) and Erin Carney (2019-20, Bishop Guertin High School), among the state's list of former award winners.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, Gatorade Player of the Year winners' grants have totaled more than \$4.9 million across more than 1,600 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

###