

**PHILLIPS EXETER ACADEMY STUDENT-ATHLETE NAMED
GATORADE NEW HAMPSHIRE BOYS CROSS COUNTRY PLAYER OF THE YEAR**

CHICAGO (January 26, 2024) — In its 39th year of honoring the nation's most elite high school athletes, Gatorade today announced **Byron Grevious** of **Phillips Exeter Academy** is the **2023-24 Gatorade New Hampshire Boys Cross Country Player of the Year**. Grevious is the first Gatorade New Hampshire Boys Cross Country Player of the Year to be chosen from Phillips Exeter Academy.

The award, which celebrates the nation's top high school athletes for excellence on the field, in the classroom and in the community, distinguishes Grevious as New Hampshire's best high school boys cross country player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Lukas Verzbicas (2010-11 & 2009-10, Carl Sandburg High School, Ill.) and Edward Cheserek (2012-13, St. Benedict's Preparatory School, N.J.).

The state's returning Gatorade Player of the Year, the 5-foot-7, 125-pound senior improved upon his 2022 campaign this past season by winning the Nike Cross Nationals Northeast Regional Championships to earn First Team All-Region honors. Grevious followed up with a Second Team All-American performance by taking 11th at the NXN Final. Ranked No. 10 in the 2023 Dyestat 100, he also won the NEPSTA Division 1 state title, leading the Big Red to the team championship.

Grevious has volunteered on behalf of the Special Olympics and a Connecticut-based organization serving at-risk youth. He's also donated his time to Exeter's student-run radio station. "State champ, regional champ and All-American: It'd be hard to ask much more of Byron Grevious in 2023," said Rich Gonzalez of PrepCalTrack. "He also broke the meet record and the Manchester Invitational for good measure and seems destined to make a name for himself on the Left Coast at Stanford next season."

Grevious has maintained an A-minus average in the classroom. He has signed a National Letter of Intent to run on scholarship at Stanford University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Two-time winner Grevious joins recent Gatorade New Hampshire Boys Cross Country Players of the Year Aidan Cox (2021-20 & 2020-21, Coe-Brown Northwood Academy) and Jake Velazquez (2019-20, Keene High School), among the state's list of former award winners.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, Gatorade Player of the Year winners' grants have totaled more than \$4.9 million across more than 1,600 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

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