

**ST. ALBANS SCHOOL STUDENT-ATHLETE NAMED
GATORADE DISTRICT OF COLUMBIA BOYS CROSS COUNTRY PLAYER OF THE YEAR**

CHICAGO (January 26, 2024) — In its 39th year of honoring the nation’s most elite high school athletes, Gatorade today announced **Sebi Hume** of **St. Albans School** is the **2023-24 Gatorade District of Columbia Boys Cross Country Player of the Year**. Hume is the sixth Gatorade District of Columbia Boys Cross Country Player of the Year to be chosen from St. Albans School.

The award, which celebrates the nation’s top high school athletes for excellence on the field, in the classroom and in the community, distinguishes Hume as District of Columbia’s best high school boys cross country player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Lukas Verzbicas (2010-11 & 2009-10, Carl Sandburg High School, Ill.) and Edward Cheserek (2012-13, St. Benedict’s Preparatory School, N.J.).

The 6-foot, 135-pound junior won the DCSAA title this past season with a time of 15:45.5, leading the Bulldogs to a runner-up finish as a team. Hume took 19th at the competitive MileStat.com Invitational in a personal-best time of 15:25.0 and also broke the tape at the Maryland Invitational—one of his five race victories. He completed his 2023 campaign with a 33rd-place finish at the Nike Cross Northeast Regional Championships.

A practiced piano player who also plays trombone in the school orchestra, Hume has volunteered locally with the Rock Creek Conservancy and with Shepherd’s Table, which provides assistance to those fighting hunger and homelessness. He also heads the school’s Service Board and its Cyberpatriot Team, serves as Technology Editor for the school publication The Exchanged, and has donated his time coaching an elementary school basketball team. “Winning half of his races this season— often against leading talent across state lines—Sebi Hume asserted his superiority against District foes while furthering his experience curve in the bigger picture,” said Rich Gonzalez of PrepCalTrack. “I look for him to emerge into a regional force in his senior year.”

Hume has maintained an A average in the classroom. He will begin his senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Hume joins recent Gatorade District of Columbia Boys Cross Country Players of the Year Pierre Attiogbe (2022-23 & 2021-22, St. Albans School), Damian Hackett (2020-21, St. Albans School) and Cullen Capuano (2019-20, Gonzaga College High School), among the state’s list of former award winners.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, Gatorade Player of the Year winners’ grants have totaled more than \$4.9 million across more than 1,600 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

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