

**CHAMPLAIN VALLEY UNION HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE VERMONT GIRLS CROSS COUNTRY PLAYER OF THE YEAR**

CHICAGO (January 22, 2024) — In its 39th year of honoring the nation's most elite high school athletes, Gatorade today announced **Alice Kredell** of **Champlain Valley Union High School** is the **2023-24 Gatorade Vermont Girls Cross Country Player of the Year**. Kredell is the fourth Gatorade Vermont Girls Cross Country Player of the Year to be chosen from Champlain Valley Union High School.

The award, which celebrates the nation's top high school athletes for excellence on the field, in the classroom and in the community, distinguishes Kredell as Vermont's best high school girls cross country player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Irene Riggs (2022-23, 2021-22 & 2020-21, Morgantown High School, Morgantown, W. Va.), Katelyn Tuohy (2019-20, 2018-19 & 2017-18, North Rockland High School, Thiels, N.Y.) and Jordan Hasay (2008-09, Mission College Preparatory Catholic High School, San Luis Obispo, Calif.)

The 5-foot-2 junior won the Division 1 state meet this past season, breaking the tape with an all-class best time of 19:49.3 and leading the Redhawks to the state team championship. Kredell, who took 10th in the featured Eastern States Championship race at the Manhattan Invitational, was the top Vermont runner at both the Nike Cross Northeast Regional Championships, where she finished 17th and the New England XC Championships, where she placed 10th in a personal-best 18:13.11.

Kredell has volunteered locally on behalf of the Shelburne Food Shelf program and as part of her school's Volunteer Outreach Club. "Alice Kredell's penchant for delivering quality, big-meet performances set the pace for the state's runners this past season," said Rich Gonzalez of PrepCalTrack. "She repeatedly raised the bar in asserting her superiority over her peers around the state and at postseason meets."

Kredell has maintained a 4.10 GPA in the classroom. She will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball and boys and girls track & field and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Kredell joins recent Gatorade Vermont Girls Cross Country Players of the Year Tess Drury (2022-23, Mount Mansfield Union High School), Ava Thurston (2021-22 & 2019-20, Harwood Union High School) and Abby Broadley (2020-21, Bellows Falls Union High School), among the state's list of former award winners.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, Gatorade Player of the Year winners' grants have totaled more than \$4.9 million across more than 1,600 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

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