

**CRESCENT VALLEY HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE OREGON GIRLS CROSS COUNTRY PLAYER OF THE YEAR**

CHICAGO (January 22, 2024) — In its 39th year of honoring the nation’s most elite high school athletes, Gatorade today announced **Emily Wisniewski** of **Crescent Valley High School** is the **2023-24 Gatorade Oregon Girls Cross Country Player of the Year**. Wisniewski is the first Gatorade Oregon Girls Cross Country Player of the Year to be chosen from Crescent Valley High School.

The award, which celebrates the nation’s top high school athletes for excellence on the field, in the classroom and in the community, distinguishes Wisniewski as Oregon’s best high school girls cross country player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Irene Riggs (2022-23, 2021-22 & 2020-21, Morgantown High School, Morgantown, W. Va.), Katelyn Tuohy (2019-20, 2018-19 & 2017-18, North Rockland High School, Thiels, N.Y.) and Jordan Hasay (2008-09, Mission College Preparatory Catholic High School, San Luis Obispo, Calif.)

The 5-foot-4 junior took third at the Nike Cross Nationals Final this past season, earning All-America honors. Wisniewski also broke the tape at the Nike Northwest Regional Championships, which came on the heels of her winning the OSAA Class 5A state title in a meet-record time of 17:05.8, sparking the Raiders to a third-place finish as a team. The state’s returning Gatorade Player of the Year, she clocked a personal-best 16:27.20 to set a new state record in winning the Rose City Championship Invitational in October.

A talented artist using a variety of media, particularly ceramics, Wisniewski has volunteered locally providing child care for her church community. She has also donated her time assisting at community running events. “Not only did Wisniewski unleash the fastest 5K time in state history at midseason, she sealed her third consecutive Class 5A state title, winning by more than a minute,” said Rich Gonzalez of PrepCalTrack. “Her sensational, third-place finish at the NXN Final speaks for itself.”

Wisniewski has maintained a 3.92 GPA in the classroom. She will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Two-time winner Wisniewski joins recent Gatorade Oregon Girls Cross Country Players of the Year Kate Peters (2021-22, Lake Oswego High School), Chloe Foerster (2020-21, Jesuit High School) and Fiona Max (2019-20, Summit High School), among the state’s list of former award winners.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, Gatorade Player of the Year winners’ grants have totaled more than \$4.9 million across more than 1,600 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

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