

**SKYVIEW HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE IDAHO VOLLEYBALL PLAYER OF THE YEAR**

CHICAGO (January 8, 2024) — In its 39th year of honoring the nation’s most elite high school athletes, Gatorade today announced **Alex Bower** of **Skyview High School** is the **2023-24 Gatorade Idaho Volleyball Player of the Year**. Bower is the fourth Gatorade Idaho Volleyball Player of the Year to be chosen from Skyview High School.

The award, which celebrates the nation’s top high school athletes for excellence on the court, in the classroom and in the community, distinguishes Bower as Idaho’s best high school volleyball player. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Harper Murray (2022-23, Skyline High School, Mich.), Kerri Walsh Jennings (1995-96, Archbishop Mitty High School, Calif.) and April Ross (1999-00, Newport Harbor High School, Calif.).

The 5-foot-11 senior setter led the Hawks to a 25-6 record and a fourth straight Class 4A state title this past season. Skyview did not lose to an in-state team in 2023 as Bower amassed 862 assists for an average of 8.6 per set while compiling 197 digs, 59 service aces and 40 blocks. She also put down 123 kills on the strength of a .440 hitting percentage. Ranked as the nation’s No. 12 recruit by PrepDig and No. 25 by PrepVolleyball, Bower was the only Idahoan named to the American Volleyball Coaches Association All-American Team and it was as a First Team selection. She was the 2023 Class 4A Player of the Year and the MaxPreps Idaho Player of the Year.

Bower has volunteered locally on behalf of the Sunny Ridge Nursing Home and has donated her time on Tuesday nights as a youth mentor at the Nampa Rec Center, where she has also helped conduct youth camps. In addition, she’s served as a coach for the Crush Volleyball Club’s 14s squad. “Alex is very deserving of this honor,” said Bishop Kelly High School head coach Joline Armuth. “She’s a fiery competitor, but thoroughly respects her opponents and the game. She’s hands-down the best setter in the state and is also an offensive threat. Her defensive game is solid, especially for a setter, she serves tough and with intentionality and she’s a great teammate.”

Bower has maintained a 3.34 weighted GPA in the classroom. She has signed a National Letter of Intent to play volleyball on scholarship at BYU this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Bower joins recent Gatorade Idaho Volleyball Players of the Year Alex Acevedo (2022-23, Skyview High School), Eden Bower (2021-22, Skyview High School), Katy Ryan (2020-21, Lakeland High School), and Makayla Sorensen (2019-20, Bonneville High School), among the state’s list of former award winners.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, Gatorade Player of the Year winners’ grants have totaled more than \$4.9 million across more than 1,600 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

###