

**ARCHBISHOP CARROLL HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE DISTRICT OF COLUMBIA BOYS TRACK & FIELD PLAYER OF THE YEAR**

CHICAGO (June 29, 2023) — In its 38th year of honoring the nation's best high school athletes, Gatorade today announced **Nyckoles Harbor** of **Archbishop Carroll High School** is the **2022-23 Gatorade District of Columbia Boys Track & Field Player of the Year**. Harbor is the third Gatorade District of Columbia Boys Track & Field Player of the Year to be chosen from Archbishop Carroll High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Harbor as District of Columbia's best high school boys track & field athlete. Now a finalist for the prestigious Gatorade National Boys Track & Field Player of the Year award to be announced in July, Harbor joins an elite alumni association of state award-winners in 12 sports, including Nico Young (2019-20, Newbury Park High School, Calif.), Michael Norman (2015-16 & 2014-15, Vista Murrieta High School, Calif.), Grant Fisher (2014-15 & 2013-14, Grand Blanc High School, Mich.) and Robert Griffin III (2006-07, Copperas Cove High School, Texas).

The state's returning Gatorade Player of the Year, the 6-foot-6, 225-pound senior broke the state record in the 100-meter dash this past season, crossing the line in 10.20 seconds at the Puma East Coast International Showcase. Harbor's top 100 time ranked No. 8 nationally among prep competitors in 2023. Also a two-time Gatorade State Football Player of the Year, he won the 100 and 200 at the Washington Catholic Athletic Conference Championships. His clocking of 20.77 ranked No. 14 nationally this spring. He also earned All-American honors for the second straight year thanks to a sixth-place finish in the 100 at New Balance Nationals Outdoor.

Harbor has volunteered locally through the Generosity Global, a women's health and hygiene non-profit, and Generosity Showers, a portable showers program for the unhoused. He has also donated his time as a youth and peer mentor through the Archbishop Carroll Men of Valor program. "A 5-star talent on the gridiron, Harbor now ranks among the nation's all-time greats in the 100-meter dash, grabbing All-America status with a sixth-place finish at New Balance Nationals," said Rich Gonzalez, editor of PrepCalTrack.com.

Harbor has maintained a 3.75 GPA in the classroom. He has signed a National Letter of Intent to play football on scholarship at the University of South Carolina this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Three-time winner Harbor joins recent Gatorade District of Columbia Boys Track & Field Players of the Year Luke Tewalt (2019-20, Washington Latin Public Charter School), and Kendel Hammock (2018-19, Archbishop Carroll High School), among the state's list of former award winners.

Being a Gatorade Player of the Year means paying it forward for the next generation. Through Gatorade's Play it Forward initiative, every Player of the Year receives a grant to give to one of Gatorade's social impact partners, supporting Gatorade's ambition to fuel the future of sport. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

For nearly 40 years, Gatorade has honored high school athletes at the top of their game as teammates, supporting their communities and achieving academic success. From CEOs and coaches to star athletes and community leaders, Gatorade Player of the Year winners showcase the power of sport.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.