

**CAPITAL HIGH SCHOOL STUDENT-ATHLETE NAMED  
GATORADE WASHINGTON GIRLS TRACK & FIELD PLAYER OF THE YEAR**

**CHICAGO** (June 28, 2023) — In its 38<sup>th</sup> year of honoring the nation's best high school athletes, Gatorade today announced **Hana Moll** of **Capital High School** is the **2022-23 Gatorade Washington Girls Track & Field Player of the Year**. Moll is the second Gatorade Washington Girls Track & Field Player of the Year to be chosen from Capital High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Moll as Washington's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Player of the Year award to be announced in July, Moll joins an elite alumni association of state award-winners in 12 sports, including Jasmine Moore (2018-19, Lake Ridge High School, Texas), Sydney McLaughlin (2016-17, 2015-16 & 2014-15, Union Catholic High School, N.J.), and Lolo Jones (1997-98, Roosevelt High School, Iowa).

The 5-foot-9 senior set national high school and American Under-20 outdoor pole vault records with her 15-foot clearance at the Arcadia Invitational in 2023, which is currently tied for No. 7 in World Under-20 history. In addition to her pole vault championship, Moll captured Class 3A state titles as a member of the Cougars 4x100 and 4x200 relay quartets, helping Capital to a fifth-place finish as a team. She also won a Nike Outdoor Nationals title in the pole vault in June.

Moll has volunteered locally fundraising for the Mayday Foundation, which provides financial support for families battling cancer. She has also donated her time at the Olympia Food Bank. "Hana Moll set a new national record in the pole vault at the Arcadia Invitational with the first outdoor 15-foot clearance in U.S. prep history," said Erik Boal, editor at DyeStat.com. "She now has more official 14-foot clearances in her career than any American high school vaulter in history, owning 19 overall, including her title-winning Nike Outdoor Nationals effort."

Moll, whose twin sister, Amanda, is a two-time Gatorade State Girls Track & Field Player of the Year and set an American Under-20 indoor record with a 15-1.5 clearance in January, has maintained a 4.0 GPA in the classroom. She has signed a National Letter

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Moll joins recent Gatorade Washington Girls Track & Field Players of the Year Amanda Moll (2021-20 & 2020-21, Capital High School) and Allie Janke (2019-20 & 2018-19, North Central High School), among the state's list of former award winners.

Being a Gatorade Player of the Year means paying it forward for the next generation. Through Gatorade's Play it Forward initiative, every Player of the Year receives a grant to give to one of Gatorade's social impact partners, supporting Gatorade's ambition to fuel the future of sport. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

For nearly 40 years, Gatorade has honored high school athletes at the top of their game as teammates, supporting their communities and achieving academic success. From CEOs and coaches to star athletes and community leaders, Gatorade Player of the Year winners showcase the power of sport.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com) or follow us on social media on Facebook at [facebook.com/GatoradePOY](https://facebook.com/GatoradePOY), Instagram at [instagram.com/Gatorade](https://instagram.com/Gatorade) and Twitter at [twitter.com/Gatorade](https://twitter.com/Gatorade).