

**TIMPVIEW HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE UTAH GIRLS TRACK & FIELD PLAYER OF THE YEAR**

CHICAGO (June 28, 2023) — In its 38th year of honoring the nation's best high school athletes, Gatorade today announced **Jane Hedengren** of **Timpvview High School** is the **2022-23 Gatorade Utah Girls Track & Field Player of the Year**. Hedengren is the second Gatorade Utah Girls Track & Field Player of the Year to be chosen from Timpvview High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Hedengren as Utah's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Player of the Year award to be announced in July, Hedengren joins an elite alumni association of state award-winners in 12 sports, including Jasmine Moore (2018-19, Lake Ridge High School, Texas), Sydney McLaughlin (2016-17, 2015-16 & 2014-15, Union Catholic High School, N.J.), and Lolo Jones (1997-98, Roosevelt High School, Iowa).

The 6-foot sophomore set state records in the 1600-meter run, the mile, the 3000 and 2-mile this past season and swept the 800, 1600 and 3200 at the Class 5A state meet, leading the Thunderbirds to the state title. Hedengren clocked her state-best mile and 2-mile times, respectively, in a four-day span with victories at the Brooks PR Invitational (4:35.69) and Nike Outdoor Nationals (9:54.38). Her mile time ranked No. 1 among girls prep competitors in 2023 and No. 8 in outdoor history. The 2-mile clocking ranked No. 3 nationally this spring and set a new sophomore national record. Her 9:24.56 in the 3,000 at the Penn Relays, where she took second, ranked No. 2 in the nation and she secured her fourth state record by winning the 1600 at the BYU Invitational in 4:43.14.

An active member of her church's young women's group, Hedengren has volunteered locally as a youth cross country and track coach and has worked at a local tech company. "Jane Hedengren was not only the most impressive distance runner this season among a deep group of talented competitors in Utah, but she also excelled racing in elite national fields across the country," said Erik Boal, editor at DyeStat.com. "Hedengren established herself as one of the elite sophomore athletes in U.S. prep history, supported by her victory in the mile at the Brooks PR Invitational and 2-Mile title at Nike Outdoor Nationals, both of which set state records."

Hedengren has maintained a 3.86 GPA in the classroom. She will begin her junior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Hedengren joins recent Gatorade Utah Girls Track & Field Players of the Year Amare Harlan (2021-22, Fremont High School), Carlee Hansen (2020-21 & 2019-20, Woods Cross High School), and Meghan Hunter (2018-19, Provo High School), among the state's list of former award winners.

Being a Gatorade Player of the Year means paying it forward for the next generation. Through Gatorade's Play it Forward initiative, every Player of the Year receives a grant to give to one of Gatorade's social impact partners, supporting Gatorade's ambition to fuel the future of sport. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

For nearly 40 years, Gatorade has honored high school athletes at the top of their game as teammates, supporting their communities and achieving academic success. From CEOs and coaches to star athletes and community leaders, Gatorade Player of the Year winners showcase the power of sport.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.