

**LAKE OSWEGO HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE OREGON GIRLS TRACK & FIELD PLAYER OF THE YEAR**

CHICAGO (June 28, 2023) — In its 38th year of honoring the nation's best high school athletes, Gatorade today announced **Mia Brahe-Pedersen** of **Lake Oswego High School** is the **2022-23 Gatorade Oregon Girls Track & Field Player of the Year**. Brahe-Pedersen is the first Gatorade Oregon Girls Track & Field Player of the Year to be chosen from Lake Oswego High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Brahe-Pedersen as Oregon's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Player of the Year award to be announced in July, Brahe-Pedersen joins an elite alumni association of state award-winners in 12 sports, including Jasmine Moore (2018-19, Lake Ridge High School, Texas), Sydney McLaughlin (2016-17, 2015-16 & 2014-15, Union Catholic High School, N.J.), and Lolo Jones (1997-98, Roosevelt High School, Iowa).

The state's returning Gatorade Girls Track & Field Player of the Year, the 5-foot-10 junior swept the 100- and 200-meter titles at the Class 6A state meet for a second consecutive time this past season, also contributing as part of winning 4x100 and 4x400 relay foursomes, helping the Lakers grab a share of the team championship. Her state-record clocking of 22.43 in the 200 tied the No. 2 clocking in history by a prep girl, while her state record in the 100 (11.00), set at the state championships, makes her the No. 4 competitor in U.S. girls prep history in the event. Brahe-Pederson also won the 100 and 200 championship at Nike Outdoor Nationals to go with her 60-meter dash and 200 titles at Nike Indoor Nationals. The consummate team player, she contributed to the fastest performances in state history as part of the Lakers' 4x100, 4x200 and 4x400 relay quartets.

Brahe-Pedersen has volunteered locally feeding the unhoused in addition to mentoring middle school athletes. "Mia Brahe-Pedersen has become the most exciting athlete we've seen in Oregon high school track in nearly two decades—with every impressive individual race and each remarkable relay leg, especially at Hayward Field, becoming must-see attractions," said Erik Boal, editor at DyeStat.com. "Brahe-Pedersen has developed into one of the elite 17-year-old athletes in the world, a competitor capable of challenging national high school records in the 100 and 200 meters every time she steps on the track."

Brahe-Pedersen has maintained a 3.88 weighted GPA in the classroom. She will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Two-time winner Brahe-Pedersen joins recent Gatorade Oregon Girls Track & Field Players of the Year Kaiah Fisher (2020-21, Hidden Valley High School), Colleen Uzoekwe (2019-20, Westview High School), and Gretchen Hoekstre (2018-19, Seaside High School), among the state's list of former award winners.

Being a Gatorade Player of the Year means paying it forward for the next generation. Through Gatorade's Play it Forward initiative, every Player of the Year receives a grant to give to one of Gatorade's social impact partners, supporting Gatorade's ambition to fuel the future of sport. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

For nearly 40 years, Gatorade has honored high school athletes at the top of their game as teammates, supporting their communities and achieving academic success. From CEOs and coaches to star athletes and community leaders, Gatorade Player of the Year winners showcase the power of sport.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

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