

**THE ACADEMY OF THE HOLY CROSS STUDENT-ATHLETE NAMED
GATORADE MARYLAND VOLLEYBALL PLAYER OF THE YEAR**

CHICAGO (January 13, 2023) — In its 38th year of honoring the nation's best high school athletes, Gatorade today announced **Emmi Sellman** of **The Academy of the Holy Cross** is the **2022-23 Gatorade Maryland Volleyball Player of the Year**. Sellman is the second Gatorade Maryland Volleyball Player of the Year to be chosen from The Academy of the Holy Cross.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Sellman as Maryland's best high school volleyball player. Now a finalist for the prestigious Gatorade National Volleyball Player of the Year award to be announced in January, Sellman joins an elite alumni association of state award-winners, including Lexi Sun (2016-17, Santa Fe Christian School, Calif.), Jordan Larson (2004-05, Logan View High School, Neb.), Foluke Akinradewo (2004-05, St. Thomas High School, Fla.) and April Ross (1999-00, Newport Harbor High School, Calif.).

The 6-foot-4 junior outside hitter led the Tartans to a 24-2 record and the Washington Catholic Athletic Conference tournament championship this past season. Sellman recorded 339 kills, 188 digs, 53 service aces and 50 blocks while posting a .440 kill percentage and a .339 hitting percentage. The 2022 Washington Post All-Met Player of the Year and the WCAC Player of the Year, she trained with the USA Volleyball Under-19 team last summer.

Sellman has volunteered locally caring for migrant children through her church, and she has donated her time as a youth volleyball coach. "Emmi is a player that performs equally well in the front and back rows," said Dave Geiser, head coach of The Academy of the Holy Cross. "Her athleticism, skill, mental focus and enthusiasm have contributed to AHC's success."

Sellman has maintained a weighted 4.10 GPA in the classroom. She has made a verbal commitment to play volleyball on scholarship at the Ohio State University beginning in the fall of 2024.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Sellman joins recent Gatorade Maryland Volleyball Players of the Year Zaria Ragler (2021-22, Arundel High School), Brooke Watts (2020-21, Arundel High School), Mary Grace Goyena (2019-20, Mount de Sales Academy), and Jenaisya Moore (2018-19, Northwest High School), among the state's list of former award winners.

Being a Gatorade Player of the Year means paying it forward for the next generation. Through Gatorade's Play it Forward initiative, every Player of the Year receives a grant to give to one of Gatorade's social impact partners, supporting Gatorade's ambition to fuel the future of sport. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

For nearly 40 years, Gatorade has honored high school athletes at the top of their game as teammates, supporting their communities and achieving academic success. From CEOs and coaches to star athletes and community leaders, Gatorade Player of the Year winners showcase the power of sport.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

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