

**ARCHBISHOP CARROLL HIGH SCHOOL STUDENT-ATHLETE NAMED  
GATORADE DISTRICT OF COLUMBIA FOOTBALL PLAYER OF THE YEAR**

**CHICAGO** (January 6, 2023) — In its 38<sup>th</sup> year of honoring the nation’s best high school athletes, Gatorade today announced **Nyckoles Harbor** of **Archbishop Carroll High School** is the **2022-23 Gatorade District of Columbia Football Player of the Year**. Harbor is the third Gatorade District of Columbia Football Player of the Year to be chosen from Archbishop Carroll High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Harbor as District of Columbia’s best high school football player. Now a finalist for the prestigious Gatorade National Football Player of the Year award to be announced in January, Harbor joins an elite alumni association of state award-winners in 12 sports, including Trevor Lawrence (2018-19 & 2016-17, Cartersville High School, Ga.), Matthew Stafford (2005-06, Highland Park High School, Texas) and Emmitt Smith (1986-87, Escambia High School, Fla.).

The District’s returning Gatorade Player of the Year, the 6-foot-6, 230-pound senior defensive end and tight end led the Lions to a 10-3 record and the Washington Catholic Athletic Conference Lower Division Tournament championship this past season. Harbor recorded 45 tackles, including 16.5 for a loss and 5.5 sacks with two fumble recoveries and two blocked kicks. Ranked as the nation’s No. 11 recruit in the Class of 2023 by 247Sports.com, he also caught 15 passes for 439 yards and five touchdowns and was credited with 20 pancake blocks.

Also a two-time Gatorade Boys Track & Field Player of the Year, Harbor is a member of the Archbishop Carroll High Men of Valor. He has volunteered locally with Generosity Global as part of community beautification projects and by performing community outreach. He has also donated his time to Archbishop Carroll High School’s annual food drive. “Nyckoles Harbor’s presence changes the game for opponents,” said Kenny Lucas, head coach of Bishop O’Connell High School. “He presents challenges in all facets of the game—offensively, defensively and on special teams. It’s not very often you face a guy with his size and athletic ability. You have to know where he is on the field at all times.”

Harbor has maintained a 3.73 GPA in the classroom. At the time of his selection, he remained undecided upon a collegiate destination.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Two-time winner Harbor joins recent Gatorade District of Columbia Football Players of the Year Trey Jamison (2020-21, Gonzaga College High School), Rakim Jarrett (2019-20, St. John’s College High School), and Caleb Williams (2018-19, Gonzaga College High School), among the state’s list of former award winners.

Being a Gatorade Player of the Year means paying it forward for the next generation. Through Gatorade’s Play it Forward initiative, every Player of the Year receives a grant to give to one of Gatorade’s social impact partners, supporting Gatorade’s ambition to fuel the future of sport. To date, Gatorade Player of the Year winners’ grants have totaled more than \$3.5 million across more than 1,300 organizations.

For nearly 40 years, Gatorade has honored high school athletes at the top of their game as teammates, supporting their communities and achieving academic success. From CEOs and coaches to star athletes and community leaders, Gatorade Player of the Year winners showcase the power of sport.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com) or follow us on social media on Facebook at [facebook.com/GatoradePOY](https://facebook.com/GatoradePOY), Instagram at [instagram.com/Gatorade](https://instagram.com/Gatorade) and Twitter at [twitter.com/Gatorade](https://twitter.com/Gatorade)