

**CAPITAL HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE WASHINGTON GIRLS TRACK & FIELD PLAYER OF THE YEAR**

CHICAGO (June 30, 2022) — In its 37th year of honoring the nation's best high school athletes, Gatorade today announced **Amanda Moll** of **Capital High School** is the **2021-22 Gatorade Washington Girls Track & Field Player of the Year**. Moll is the first Gatorade Washington Girls Track & Field Player of the Year to be chosen from Capital High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Moll as Washington's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Player of the Year award to be announced in July, Moll joins an elite alumni association of state award-winners in 12 sports, including Lolo Jones (1997-98, Roosevelt High School, Iowa), Allyson Felix (2002-03, Los Angeles Baptist High School, Calif.), Robert Griffin III (2006-07, Copperas Cove High School, Texas), Grant Fisher (2014-15 & 2013-14, Grand Blanc High School, Mich.) and Candace Hill (2014-15, Rockdale County High School, Ga.).

The state's returning Gatorade Girls Track & Field Player of the Year, the 5-foot-9 junior set a national record in the pole vault this past season. At the time of her selection, Moll's leap of 14 feet, 9.5 inches at the Texas Clyde Littlefield, had outdistanced the old record set in 2021 by 0.5 inches. Moll cleared the bar at 14-8 to win the pole vault at the Nike Outdoor Nationals, besting her twin sister, Hana, who finished second. Moll won gold medals in the pole vault, long jump and as a member of the 4x100-meter relay team at the Class 3A state meet. Her 22.5 individual points helped lead the Cougars to a first place finish as a team.

An avid rock climber and mountain biker, Moll has volunteered locally at a food pantry and with the Mayday Foundation, which provides financial support for folks battling cancer. "Amanda was a phenomenal athlete this spring and a pleasure to see compete," said Paul Villanueva, head coach of Shorewood High. "She is definitely one of the state's best and seemed to do it with such great humility."

Moll has maintained a 4.0 GPA in the classroom. She will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Two-time winner Moll joins recent Gatorade Washington Girls Track & Field Players of the Year Allie Janke (2019-20 & 2018-19, North Central High School), and Karlee Freeman (2017-18, Raymond High School), among the state's list of former award winners.

Gatorade has a long-standing history of serving athlete communities and understands how sports instill valuable lifelong skills on and off the field. Through Gatorade's "Play it Forward" platform, Moll has the opportunity to award a \$1,000 grant to a local or national organization of their choosing that helps young athletes realize the benefits of playing sports. Moll is also eligible to submit a short video explaining why the organization they chose is deserving of one of twelve \$10,000 spotlight grants, which will be announced throughout the year. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.