

**RED RIVER HIGH SCHOOL STUDENT-ATHLETE NAMED  
GATORADE NORTH DAKOTA BOYS TRACK & FIELD PLAYER OF THE YEAR**

**CHICAGO** (June 29, 2022) — In its 37<sup>th</sup> year of honoring the nation's best high school athletes, Gatorade today announced **Logan Arason** of **Red River High School** is the **2021-22 Gatorade North Dakota Boys Track & Field Player of the Year**. Arason is the second Gatorade North Dakota Boys Track & Field Player of the Year to be chosen from Red River High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Arason as North Dakota's best high school boys track & field athlete. Now a finalist for the prestigious Gatorade National Boys Track & Field Player of the Year award to be announced in July, Arason joins an elite alumni association of state award-winners in 12 sports, including Lolo Jones (1997-98, Roosevelt High School, Iowa), Allyson Felix (2002-03, Los Angeles Baptist High School, Calif.), Robert Griffin III (2006-07, Copperas Cove High School, Texas), Grant Fisher (2014-15 & 2013-14, Grand Blanc High School, Mich.) and Candace Hill (2014-15, Rockdale County High School, Ga.).

The 6-foot-4, 255-pound junior won the discus throw and placed second in the javelin at the Class A state meet this past season, leading the Roughriders to an eighth-place finish as a team. Arason was the first Red River High male athlete in 25 years to qualify for all three throwing events at the state meet and placed 13th in the shot put. His top javelin throw of 189 feet, 9 inches at the Eagle Relays ranked No. 48 nationally among prep competitors in 2022 at the time of his selection.

A member of the Red River High School Leadership Council, Arason has volunteered locally as a youth track coach. "Logan is a joy to have on our team," said Jeff Bakke, head coach of Red River High School. "He works extremely hard in the offseason and has been rewarded for all of his time and effort. He was a rock all season for us."

Arason has maintained a weighted 4.03 GPA in the classroom. He will begin his senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Arason joins recent Gatorade North Dakota Boys Track & Field Players of the Year Kaden Pastian (2020-21, Hillsboro High School), Calob Larson (2019-20 & 2018-19, Legacy High School), and Levi Rockey (2017-18, Century High School), among the state's list of former award winners.

Gatorade has a long-standing history of serving athlete communities and understands how sports instill valuable lifelong skills on and off the field. Through Gatorade's "Play it Forward" platform, Arason has the opportunity to award a \$1,000 grant to a local or national organization of their choosing that helps young athletes realize the benefits of playing sports. Arason is also eligible to submit a short video explaining why the organization they chose is deserving of one of twelve \$10,000 spotlight grants, which will be announced throughout the year. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com) or follow us on social media on Facebook at [facebook.com/GatoradePOY](https://facebook.com/GatoradePOY), Instagram at [instagram.com/Gatorade](https://instagram.com/Gatorade) and Twitter at [twitter.com/Gatorade](https://twitter.com/Gatorade).