

**TILTON SCHOOL STUDENT-ATHLETE NAMED  
GATORADE NEW HAMPSHIRE GIRLS BASKETBALL PLAYER OF THE YEAR**

**CHICAGO** (March 9, 2022) — In its 37<sup>th</sup> year of honoring the nation's best high school athletes, Gatorade today announced **Ahnay Adams** of **Tilton School** is the **2021-22 Gatorade New Hampshire Girls Basketball Player of the Year**. Adams is the second Gatorade New Hampshire Girls Basketball Player of the Year to be chosen from Tilton School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Adams as New Hampshire's best high school girls basketball player. Now a finalist for the prestigious Gatorade National Girls Basketball Player of the Year award to be announced in March, Adams joins an elite alumni association of state award-winners in 12 sports, including Skylar Diggins-Smith (2008-09, Washington High School, Ind.), Nneka Ogumike (2007-08, CyFair High School, Texas), Maya Moore (2006-07, Collins Hill High School, Ga.), Candace Parker (2002-03 & 2003-04, Naperville Central High School, Ill.), and Lisa Leslie (1989-90, Morningside High School, Calif.).

The 5-foot-6 sophomore guard had led the Rams to a 22-2 record and a berth in the New England Prep School Athletic Council Class AA tournament semifinals at the time of her selection. Adams averaged 24.1 points, 7.0 assists, 6.2 rebounds and 3.0 steals per game through 24 games. The 2022 NEPSAC Class AA Player of the Year, she was named the most valuable player of the Blackburn Tournament after leading Tilton to the title.

A peer counselor and dormitory proctor at Tilton, Adams has volunteered locally with the Special Olympics and at Spaulding Academy & Family Services, a child-placing and child care agency. "Ahnay probably has the quickest first step of anyone we've played against," said Rebecca Brooks, head coach of Brewster Academy. "She has developed a strong mid-range game."

Adams has maintained a B average in the classroom. She will begin her junior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Adams joins recent Gatorade New Hampshire Girls Basketball Players of the Year Isabella King (2020-21, Bedford High School), Erin Carney (2019-20, Bishop Guertin High School), Brooke Kane (2018-19, Pinkerton Academy), and Angelique Ngalakulondi (2017-18, Proctor Academy), among the state's list of former award winners.

Gatorade has a long-standing history of serving athlete communities and understands how sports instill valuable lifelong skills on and off the court. Through Gatorade's "Play it Forward" platform, Adams has the opportunity to award a \$1,000 grant to a local or national organization of their choosing that helps young athletes realize the benefits of playing sports. Adams is also eligible to submit a short video explaining why the organization they chose is deserving of one of twelve \$10,000 spotlight grants, which will be announced throughout the year. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com) or follow us on social media on Facebook at [facebook.com/GatoradePOY](https://facebook.com/GatoradePOY), Instagram at [instagram.com/Gatorade](https://instagram.com/Gatorade) and Twitter at [twitter.com/Gatorade](https://twitter.com/Gatorade).