

**ARCHBISHOP WOOD HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE PENNSYLVANIA BOYS CROSS COUNTRY PLAYER OF THE YEAR**

CHICAGO (January 31, 2022) — In its 37th year of honoring the nation's best high school athletes, Gatorade today announced **Gary Martin** of **Archbishop Wood High School** is the **2021-22 Gatorade Pennsylvania Boys Cross Country Player of the Year**. Martin is the first Gatorade Pennsylvania Boys Cross Country Player of the Year to be chosen from Archbishop Wood High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Martin as Pennsylvania's best high school boys cross country player. Now a finalist for the prestigious Gatorade National Boys Cross Country Player of the Year award to be announced in February, Martin joins an elite alumni association of state award-winners in 12 sports, including Lukas Verzbicas (2010-11 & 2009-10, Carl Sandburg High School, Orland Park, Ill.), Megan Goethals (2009-10, Rochester High School, Rochester Hills, Mich.), Jordan Hasay (2008-09, Mission College Preparatory Catholic High School, San Luis Obispo, Calif.) and Chris Derrick (2007-08, Neuqua Valley High School, Naperville, Ill.).

The 6-foot-1, 146-pound senior raced to the Class AA individual state championship this past season with a time of 15:46.7. Martin won the Paul Short Run, the Philadelphia Catholic League Championships, the District 12 Championships and the Varsity A race at the prestigious Manhattan College Invitational. He took 11th at the national Garmin Running Lane Cross Country Championships.

Martin has volunteered locally on behalf of food-donation drives for the needy and youth sports programs. "I've been coaching for over 45 years and have seen thousands of runners, and I can count on one hand the number of runners I've seen in the state of Pennsylvania and the country who have Gary Martin's talent and drive to be the best," said Curtis Cockenbergh, head coach at St. Joseph's Preparatory.

Martin has maintained an A average in the classroom. He has signed a National Letter of Intent to run on scholarship at the University of Virginia this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Martin joins recent Gatorade Pennsylvania Boys Cross Country Players of the Year Brady Bigger (2020-21, State College High School), Patrick Anderson (2019-20 & 2018-19, Mount Lebanon High School), and Rusty Kujdych (2017-18, Neshaminy High School), among the state's list of former award winners.

Gatorade has a long-standing history of serving athlete communities and understands how sports instill valuable lifelong skills on and off the field. Through Gatorade's "Play it Forward" platform, Martin has the opportunity to award a \$1,000 grant to a local or national organization of their choosing that helps young athletes realize the benefits of playing sports. Martin is also eligible to submit a short video explaining why the organization they chose is deserving of one of twelve \$10,000 spotlight grants, which will be announced throughout the year. To date, Gatorade Player of the Year winners' grants have totaled more than \$3.5 million across more than 1,300 organizations.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and Twitter at twitter.com/Gatorade.

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