ARCHBISHOP CARROLL HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE DISTRICT OF COLUMBIA BOYS TRACK & FIELD PLAYER OF THE YEAR

CHICAGO (July 8, 2021) — In its 36th year of honoring the nation's best high school athletes, Gatorade today announced Nyckoles Harbor of Archbishop Carroll High School as its 2020-21 Gatorade District of Columbia Boys Track & Field Player of the Year. Harbor is the third Gatorade District of Columbia Boys Track & Field Player of the Year to be chosen from Archbishop Carroll High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Harbor as the District of Columbia's best high school boys track & field athlete. Now a finalist for the prestigious Gatorade National Boys Track & Field Player of the Year award to be announced in July, Harbor joins an elite alumni association of state award-winners in 12 sports, including Lolo Jones (1997-98, Roosevelt High School, Iowa), Allyson Felix (2002-03, Los Angeles Baptist High School, Calif.), Robert Griffin III (2006-07, Copperas Cove High School, Texas), Grant Fisher (2013-14 & 2014-15, Grand Blanc High School, Mich.) and Candace Hill (2014-15, Rockdale County High School, Ga.).

The 6-foot-5, 230-pound sophomore swept the 100- and 200-meter dash events at the DCSAA state meet this past season, leading the Lions to a second-place finish as a team. Harbor set meet records in both the 100 and 200 during the qualifying heats, and he was a member of Carroll's victorious 4×100 - and 4×200 -meter relay quartets. At the time of his selection, Harbor's personal-best 100 clocking of 10.38 seconds ranked No. 41 nationally among 2021 prep competitors. He set the state record in both the 100 and 200 (21.36) this spring.

Harbor has volunteered locally on behalf of community-beautification projects and outreach in association with Generosity Global. He has also donated his time to Archbishop Carroll's annual food drive. "Nyckoles is a fierce competitor with tremendous upside," said Desmond Dunham, head coach of St. John's College High. "He will be a force to be reckoned with over the next couple of years."

Harbor has maintained a 3.44 GPA in the classroom. He will begin his junior year of high school this fall.

The <u>Gatorade Player of the Year</u> program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which works with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Harbor joins recent Gatorade District of Columbia Boys Track & Field Players of the Year Luke Tewalt (2019-20, Washington Latin Public Charter School), Kendel Hammock (2018-19, Archbishop Carroll High School), Isaac Frumkin (2017-18, Woodrow Wilson High School), and Eric Harrison (2016-17, St. John's College High School), among the state's list of former award winners.

Through Gatorade's cause marketing platform "Play it Forward," Harbor has the opportunity to award a \$1,000 grant to a local or national youth sports organization of their choosing. Harbor is also eligible to submit a 30-second video explaining why the organization they chose is deserving of one of twelve \$10,000 spotlight grants, which will be announced throughout the year. To date, Gatorade Player of the Year winners' grants have totaled more than \$2.7 million across 1,117 organizations.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com, on Facebook at facebook.com/GatoradePOY or follow us on Twitter at twitter.com/Gatorade.