

**PLEASANT GROVE HIGH SCHOOL STUDENT-ATHLETE NAMED  
GATORADE UTAH VOLLEYBALL PLAYER OF THE YEAR**

**CHICAGO** (January 13, 2020) — In its 35<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company today announced **Abbie Miller of Pleasant Grove High School** as its **2019-20 Gatorade Utah Volleyball Player of the Year**. Miller is the fourth Gatorade Utah Volleyball Player of the Year to be chosen from Pleasant Grove High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Miller as Utah's best high school volleyball player. Now a finalist for the prestigious Gatorade National Volleyball Player of the Year award to be announced in January, Miller joins an elite alumni association of state award-winners in 12 sports, including USA Volleyball players Kayla Banwarth (2006-07, Wahlert High School, Iowa), Alisha Glass (2005-06, Leland Public High School, Mich.), Jordan Larson (2004-05, Logan View High School, Neb.) and Foluke Akinradewo (2004-05, St. Thomas High School, Fla.).

The 5-foot-8 senior setter led the Vikings to a 27-5 record and the Class 6A state championship this past season. Miller amassed 1,074 assists, 163 digs, 54 kills and 52 service aces. A two-time First Team All-State honoree, she was the Region 4 MVP and was selected Class 6A Player of the Year by the Deseret News.

Miller has served as a mentor for special needs students and has volunteered locally on behalf of a project that provides school supplies and clothing to underprivileged students. "Abbie Miller has high expectations and doesn't get rattled when things aren't going right," said Deanna Meyer, head coach at Skyridge High School. "She maximizes everyone's positive strengths and she figures out how to solve problems. She was the glue for that team, and she always showed great leadership."

Miller has maintained a 3.81 GPA in the classroom. She has signed a National Letter of Intent to play volleyball on scholarship at Utah Valley University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Miller joins recent Gatorade Utah Volleyball Players of the Year Tasia Farmer (2018 – 19, Lone Peak High School), Heather Gneiting (2017-18, Pleasant Grove High School), Dani Barton (2016-17, Brighton High School), Jaiden Farr (2015-16, Morgan High School), Alexa Parker (2014-15, Snow Canyon High School), and Jessie Jorgensen (2013-14, Timpview High School) among the state's list of former award winners.

As a part of Gatorade's cause marketing platform "Play it Forward," Miller has the opportunity to award a \$1,000 grant to a local or national youth sports organization of her choosing. She is also eligible to submit an essay to win one of twelve \$10,000 spotlight grants for the organization of choice, which will be announced throughout the year.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [www.Gatorade.com/POY](http://www.Gatorade.com/POY), on Facebook at [www.facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) or follow us on Twitter at [www.twitter.com/Gatorade](https://www.twitter.com/Gatorade).

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