

ABINGTON HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE PENNSYLVANIA GIRLS SOCCER PLAYER OF THE YEAR

CHICAGO (June 13, 2019) — In its 34th year of honoring the nation's best high school athletes, The Gatorade Company today announced **Camryn Lexow of Abington High School** as its **2018-19 Gatorade Pennsylvania Girls Soccer Player of the Year**. Lexow is the first Gatorade Pennsylvania Girls Soccer Player of the Year to be chosen from Abington High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Lexow as Pennsylvania's best high school girls soccer player. Now a finalist for the prestigious Gatorade National Girls Soccer Player of the Year award to be announced in June, Lexow joins an elite alumni association of past state soccer award-winners, including Alexi Lalas (1987-88, Cranbrook High School, Mich.), Steve Cherundolo (1996-97, Mt. Carmel High School, Calif.), Abby Wambach (1997-98, Our Lady of Mercy School for Young Women, N.Y.), Heather O'Reilly (2001-02, 2002-03, East Brunswick High School, N.J.), Matt Besler (2004-05, Blue Valley West High School, Kans.), Jack Harrison (2013-14, Berkshire High School, Mass.) and Mallory Pugh (2014-15, Mountain Vista High School, Colo.).

The 5-foot-9 senior midfielder and forward scored 25 goals and passed for 11 assists this past season, leading the Galloping Ghosts (16-5) to the District 1-AAAA tournament semifinals. A First Team All-State selection, Lexow participated in the High School All-American Game. She concluded her prep soccer career with 47 goals and 27 assists.

Lexow has volunteered locally at Briar Bush Nature Center and on behalf of the Special Olympics. She also donated her time as a youth soccer coach. "Camryn was clearly the most elite soccer player on the field when we played against Abington," said Ryan Zehren, head coach of Plymouth Whitmarsh High. "She could cover ground unlike any player we saw. Camryn could play multiple positions and excel at all of them."

Lexow has maintained a weighted 4.07 GPA in the classroom. She has signed a National Letter of Intent to play soccer on scholarship at the University of Virginia this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. From the 12 national winners, one male and one female athlete are each named Gatorade High School Athlete of the Year. In all, 607 athletes are honored each year.

Lexow joins recent Gatorade Pennsylvania Girls Soccer Players of the Year Delaney Snyder (2017-18, Moon Area High School), Murphy Agnew (2016-17, Villa Joseph Marie High School), Rachael Dorwart (2015-16, Cumberland Valley High School), Sydney Zandi (2014-15, Henderson High School) and Megan Schafer (2013-14, Neshaminy High School) among the state's list of former award winners.

As a part of Gatorade's cause marketing platform "Play it Forward," Lexow also has the opportunity to award a \$1,000 grant to a local or national youth sports organization of her choosing. She is also eligible to submit an essay to win one of twelve \$10,000 spotlight grants for the organization of choice, which will be announced throughout the year.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit www.Gatorade.com/POY, on Facebook at www.facebook.com/GatoradePOY or follow us on Twitter at www.twitter.com/Gatorade.

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