

**SEABURY HALL STUDENT-ATHLETE NAMED  
GATORADE HAWAII GIRLS CROSS COUNTRY RUNNER OF THE YEAR**

CHICAGO (January 28, 2019) — In its 34<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company, today announced Chloe Gangnath of Seabury Hall as its 2018-19 Gatorade Hawaii Girls Cross Country Runner of the Year. Gangnath is the fourth Gatorade Hawaii Girls Cross Country Runner of the Year to be chosen from Seabury Hall.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the racecourse, distinguishes Gangnath as Hawaii's best high school girls cross country runner. Now a finalist for the prestigious Gatorade National Girls Cross Country Runner of the Year award to be announced in February, Gangnath joins an elite alumni association of past state award-winners in 12 sports, including Lukas Verzbicas (2010-11, 2009-10 Carl Sandburg High School, Orland Park, Ill.), Megan Goethals (2009-10, Rochester High School, Rochester Hills, Mich.), Jordan Hasay (2008-09, Mission College Preparatory Catholic High School, San Luis Obispo, Calif.) and Chris Derrick (2007-08, Neuqua Valley High School, Naperville, Ill.).

The 5-foot-7 senior won the state meet this past season with a time of 19:20.73, breaking the tape a meet-record 47.46 seconds ahead of her next-closest competitor and leading the Spartans to a sixth-place finish as a team. The Maui Interscholastic League Female Cross Country Runner of the Year, Gangnath was undefeated in the MIL. She was also the top Hawaii finisher at both the Foot Locker West Regional championships and the Nike Cross Nationals Northwest Regional championships.

Gangnath has volunteered locally with the Maui Humane Society and as a peer tutor. "Chloe was quite impressive this season and really made some great gains in her ability from last year," said Jenny Helman, head coach of Le Jardin School. "She is a great and accomplished athlete."

Gangnath has maintained a weighted 3.39 GPA in the classroom. She remains undecided upon a collegiate destination.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Gangnath joins Gatorade Hawaii Girls Cross Country Runners of the Year Veronica Winham (2017-18 & 2016-17, Seabury Hall), Amanda Beaman (2015-16, Iolani School), Lisa Tashiro (2014-15, Kaiser High School), and Dakota Grossman (2013-14, Seabury Hall) as athletes who have won the cross country award since its inception in 2007.

As a part of Gatorade's cause marketing platform "Play it Forward," Gangnath has the opportunity to award a \$1,000 grant to a local or national youth sports organization of her choosing. She is also eligible to submit an essay to win one of twelve \$10,000 spotlight grants for the organization of choice, which will be announced throughout the year.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [www.Gatorade.com/POY](http://www.Gatorade.com/POY), on Facebook at [www.facebook.com/GatoradePOY](http://www.facebook.com/GatoradePOY) or follow us on Twitter at [www.twitter.com/Gatorade](http://www.twitter.com/Gatorade).