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**CARMEL HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE® INDIANA GIRLS BASKETBALL PLAYER OF THE YEAR**

CHICAGO (March 19, 2018) — In its 33rd year of honoring the nation's best high school athletes, The Gatorade Company, today announced Amy Dilk of Carmel High School as its 2017-18 Gatorade Indiana Girls Basketball Player of the Year. Dilk is the first Gatorade Indiana Girls Basketball Player of the Year to be chosen from Carmel High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Dilk as Indiana's best high school girls basketball player. Now a finalist for the prestigious Gatorade National Girls Basketball Player of the Year award announced in March, Dilk joins an elite alumni association of past state girls basketball award-winners, including Maya Moore (2005-06 Collins Hill HS, Ga.), Rashanda McCants (2004-05, Asheville HS, N.C.), Candace Parker (2001-02, Naperville Central HS, Ill.), Diana Taurasi (1998-99 & 1999-00, Don Antonio Lugo HS, Calif.), Shyra Ely (1999-00, Ben Davis HS, Ind.) and Lisa Leslie (1988-89, Morningside HS, Calif.).

The 6-foot senior point guard averaged 17.8 points, 6.7 assists, 5.6 rebounds, 3.8 steals and 1.3 blocks per game this past season, leading the Greyhounds (24-3) to the Class 4A regional semifinals. Nominated for the McDonald's All-American Game, Dilk was an Indiana Basketball Coaches Association Supreme 15 honoree as a junior and senior. She concluded her prep basketball career with 1,404 points and 548 assists.

A member of Carmel High's Big Game Club responsible for school spirit and has donated her time with multiple community-service initiatives through her church. "Amy has the ability to create for others and dominate a game in more ways than scoring," said Lauren Vail, head coach of Fishers High. "She is a very unique player in her ability to probe the paint and create for others but is still more than capable of scoring herself."

Dilk has maintained a weighted 3.29 GPA in the classroom and represents one of the state's top academic candidates in meeting the Gatorade award's broad criteria. She has signed a National Letter of Intent to play basketball on scholarship at the University of Michigan beginning this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Dilk joins recent Gatorade Indiana Girls Basketball Players of the Year Karissa McLaughlin (2016-17, Homestead High School), Jackie Young (2015-16, Princeton Community High School), Ali Patberg (2014-15, Columbus North High School), Whitney Jennings (2013-14, Logansport High School), Stephanie Mavunga (2012-13 & 2011-12, Brownsburg High School), Bria Goss (2010-11, Ben Davis High School), Courtney Moses (2009-10, Oak Hill High School), Skylar Diggins (2008-09 & 2007-08, Washington High School), and Ta'Shia Phillips (2006-07, Brebeuf Jesuit Preparatory School) among the state's list of former award winners.

As a Gatorade Player of the Year, Amy will be able to select a national or local youth sports organization to receive a grant as part of the Gatorade Play It Forward program. Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and will have the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support. 12 spotlight grants - one for each sport - will be announced throughout the year.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow the conversation on Twitter #GatoradePOY. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit <http://playeroftheyear.gatorade.com/>.

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