Contact: John Manzo (312-729-3656)

## JENKS HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE OKLAHOMA GIRLS TRACK & FIELD PLAYER OF THE YEAR

CHICAGO (June 22, 2017) — In its 32<sup>nd</sup> year of honoring the nation's best high school athletes, The Gatorade Company, today announced Ally Ryan of Jenks High School as its 2016-17 Gatorade Oklahoma Girls Track & Field Athlete of the Year. Ryan is the second Gatorade Oklahoma Girls Track & Field Athlete of the Year to be chosen from Jenks High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Ryan as Oklahoma's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Athlete of the Year award to be announced in June, Ryan joins an elite alumni association of state track & field award-winners, including Lolo Jones (1997-98, Roosevelt High School, Iowa), Allyson Felix (2002-03, Los Angeles Baptist High School, Calif.), Robert Griffin III (2006-07, Copperas Cove High School, Texas), Grant Fisher (2013-14 & 2014-15, Grand Blanc High School, Mich.) and Candace Hill (2014-15, Rockdale County High School, Ga.).

The 5-foot-10 junior won the 800-meter run with a time of 2:09.28 at the Class 6A state meet this past season, shattering the state record. The Jim Thorpe Award winner as the state's top female track athlete, Ryan also took silver in the 1600-meter run. She finished 10th in the 800 at this month's New Balance Nationals Outdoor.

A tutor in her school, Ryan has volunteered locally on behalf of a food bank and anti-drug initiatives. "Ally possesses everything a coach would want in an elite athlete," said Jenks coach Clif Mitchell. "Most of the really good athletes I've come across always have a weakness. Either they don't have the discipline they need to have with nutrition, or they don't get the sleep they need, or they don't handle pressure well or they are shortsighted on their goals, or they are not coachable. Ally Ryan has all of the different physical and mental tools needed to make it to the next level."

Ryan has maintained a 4.0 GPA in the classroom. She will begin her senior year of high school this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Ryan joins recent Gatorade Oklahoma Girls Track & Field Athletes of the Year Carsyn Spurgeon (2015-16 & 2014-15, Vinita High School), Baylor Reese (2013-14, Fairview High School), Regan Ward (2012-13, Beggs High School), Madison Reynolds (2011-12, Douglass High School), Hannah Helker (2010-11, Edmond North High School), Danielle Nowell (2009-10, Plainview High School), Carissa Levingston (2008-09 & 2007-08, Midwest City High School), and Kylie Spurgeon (2006-07, Owasso High School) among the state's list of former award winners.

As a Gatorade Player of the Year, Ally will be able to select a national or local youth sports organization to receive a grant as part of the Gatorade Play It Forward program. Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and will have the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support. 12 spotlight grants – one for each sport – will be announced throughout the year.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit <a href="https://www.gatorade.com/poy.">www.gatorade.com/poy.</a>