

LAKE MARY HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE FLORIDA GIRLS SOCCER PLAYER OF THE YEAR

CHICAGO (June 18, 2026) — In its 41st year celebrating the nation’s best high school athletes, Gatorade today announced Teagan Jahns of Lake Mary High School is the 2025-26 Gatorade Florida Girls Soccer Player of the Year.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their excellence in sport, academics and community. The award recognizes Jahns as Florida’s best high school girls soccer player, and she joins an elite legacy that spans professional athletes and coaches to CEOs, such as Mallory Swanson (2014-15, Mountain Vista High School, Colorado), Riley Jackson (2021-22, Blessed Trinity Catholic High School, Georgia) and Addison Halpern (2024-25, Rutgers Preparatory School, New Jersey).

The 5-foot-3 senior defender led the Rams to a 20-2-1 record and the Class 7A state championship this past season. Jahns scored 24 goals, passed for 11 assists and anchored a backline that recorded 17 shutouts. She also collected a goal and an assist as Lake Mary beat Jupiter High School, 5-0, in the state semifinals. The First Team All-Conference, All-Region and All-State member, she was named the Florida Dairy Farmers Class 7A Player of the Year.

Jahns has volunteered locally as part of multiple community service initiatives in association with the National Honor Society. She has also donated her time as a youth soccer coach. “Teagan is like having another coach on the field in how she sees and reads the game,” said Scott Waisanen, head coach of Oviedo High School. “Her decision-making on where to go with the ball and where to direct her teammates makes an impact. She’s coachable and respected by her peers. Teagan is both amazingly fast, but also technical and creates space for herself with her pace as well as for her teammates with her ability to take on defenders and move the opponents players out of position.”

Jahns has maintained a 4.44 weighted GPA in the classroom. She has signed a written letter of athletic aid to play soccer on scholarship at Florida Atlantic University in 2027.

The [Gatorade Player of the Year](#) program annually recognizes one state winner from each of the 50 states and Washington D.C., in 12 different sports: football, girls volleyball, boys and girls cross country, boys and girls basketball, baseball, softball, boys and girls soccer, and boys and girls track & field. In total, 610 high school athletes are honored each year. From the pool of state winners, one national winner is selected in each of the 12 sports. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the winners in each sport.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$6.4 million in grants to winners across more than 2,200 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X (Twitter) at x.com/Gatorade.

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