

CLINTON HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE OKLAHOMA GIRLS TRACK & FIELD PLAYER OF THE YEAR

CHICAGO (June 25, 2024) — In its 39th year of honoring the nation's most elite high school athletes, Gatorade today announced Kat Meacham of Clinton High School is the 2023-24 Gatorade Oklahoma Girls Track & Field Player of the Year. Meacham is the first Gatorade Oklahoma Girls Track & Field Player of the Year to be chosen from Clinton High School.

The award, which celebrates the nation's top high school athletes for excellence on the field, in the classroom and in the community, distinguishes Meacham as Oklahoma's best high school girls track & field athlete. From CEOs and coaches to star athletes, Gatorade Player of the Year winners showcase the power of sport, touting an all-star group of alumni that includes Sanya Richards-Ross (2001-02, St. Thomas Aquinas High School, Fla), Sydney McLaughlin (2016-17, 2015-16 & 2014-15, Union Catholic High School, N.J.) and Angelina Napoleon (2022-23, Allegany-Limestone Central School, N.Y.).

The 5-foot-10 senior throws specialist earned All-American status this past season with a fourth-place finish in the discus at Nike Outdoor Nationals, an event she also won at the Class 4A state meet. In April, Meacham launched the apparatus a personal-best 172 feet, 10 inches, which ranked as the nation's No. 5 distance among prep girls competitors this spring. She added a second-place finish in the shot put at the state meet (42-11.5).

A member of her school's Fellowship of Christian Athletes chapter, Meacham has volunteered locally as part of community service projects through her church. She has also donated her time by mentoring throwers in the middle school track program. "Competing in her specialty event, the discus throw, Kat Meacham proved to be truly dominant against in-state rivals, finishing the season unbeaten," said Rich Gonzalez, editor for PrepCalTrack.com. "Notching her career-best toss at a midseason invitational, she capped her fine prep career with an All-American finish at nationals."

Meacham has maintained a 4.00 GPA in the classroom. She has signed a National Letter of Intent to compete on scholarship at the University of Kansas this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the state winners in each sport.

Meacham joins recent Gatorade Oklahoma Girls Track & Field Players of the Year Maggie Bookout (2022-23, OKC Storm Home School Association), Payton Hinkle (2021-22, Broken Arrow High School), Jada Atkinson (2020-21, Southmoore High School) and Daphne Matthews (2019-20, Heritage Hall), among the state's list of former award winners.

As part of Gatorade's commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$4.9 million in grants to winners across more than 1,900 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyeargatorade.com or follow us on social media on Facebook at facebook.com/GatoradePOY, Instagram at instagram.com/Gatorade and X(Twitter) at x.com/Gatorade.

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