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ROCKY MOUNTAIN HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE IDAHO BOYS SOCCER PLAYER OF THE YEAR

CHICAGO (June 12, 2017) — In its 32nd year of honoring the nation's best high school athletes, The Gatorade Company, today announced Jonah Dalmas of Rocky Mountain High School as its 2016-17 Gatorade Idaho Boys Soccer Player of the Year. Dalmas is the second Gatorade Idaho Boys Soccer Player of the Year to be chosen from Rocky Mountain High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Dalmas as Idaho's best high school boys soccer player. Now a finalist for the prestigious Gatorade National Boys Soccer Player of the Year award to be announced in June, Dalmas joins an elite alumni association of past state soccer award-winners, including Alexi Lalas (1987-88, Cranbrook HS, Mich.), Steve Cherundolo (1996-97, Mt. Carmel HS, Calif.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Heather O'Reilly (2001-02, 2002-03, East Brunswick HS, N.J.), Matt Besler (2004-04, Blue Valley West HS, Kans.), Jack Harrison (2013-14, Berkshire HS, Mass.), Mallory Pugh (2014-15, Mountain Vista HS, Colo.).

The 5-foot-7, 138-pound senior forward scored 21 goals and passed for 15 assists this past season, anchoring the Grizzlies (12-5-3) run to the Class 5A state semifinals. Dalmas led the state in both goals and assists last fall. A First Team All-State selection, he was also the Southern Idaho Conference Class 5A Co-Player of the Year while simultaneously earning All-State honors as a kicker for the Rocky Mountain football team.

A member of the Boy Scouts of America, Dalmas has volunteered locally shoveling driveways for elderly neighbors and has donated his time to multiple community-service initiatives through his church youth group. "He's a corker," said Bryan Johnston, head coach of Hillcrest High School. "He seemed to be everywhere—where the ball was, finding the empty space, even tracking back to help defensively. He has great foot speed both on and off the ball."

Dalmas has maintained a B average in the classroom. He remains undecided upon a collegiate destination.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Dalmas joins recent Gatorade Idaho Boys Soccer Players of the Year Alain Murhula (2015-16, Timberline High School), Josh Szuch (2014-15, Borah High School), Tyson Fox (2013-14, Rocky Mountain High School), Timmy Mueller (2012-13, Post Falls High School), Bryson Pavel (2011-12, Boise High School), Michael Soderlund (2010-11, Timberline High School), Justin Hill (2009-10 & 2008-09, Boise High School), Nick Sykes (2007-08, Mountain View High School), and Mike McLeod (2006-07, Boise High School) among the state's list of former award winners.

As a Gatorade Player of the Year, Jonah will be able to select a national or local youth sports organization to receive a grant as part of the Gatorade Play It Forward program. Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and will have the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support. 12 spotlight grants - one for each sport - will be announced throughout the year.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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