

**Contact: John Manzo (312-729-3656)**

**LEWISTON HIGH SCHOOL STUDENT-ATHLETE NAMED  
GATORADE IDAHO BOYS CROSS COUNTRY RUNNER OF THE YEAR**

CHICAGO (January 30, 2017) — In its 32<sup>nd</sup> year of honoring the nation's best high school athletes, The Gatorade Company, today announced Austin Byrer of Lewiston High School as its 2016-17 Gatorade Idaho Boys Cross Country Runner of the Year. Byrer is the first Gatorade Idaho Boys Cross Country Runner of the Year to be chosen from Lewiston High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the racecourse, distinguishes Byrer as Idaho's best high school boys cross country runner. Now a finalist for the prestigious Gatorade National Boys Cross Country Runner of the Year award to be announced in January, Byrer joins an elite alumni association of past state award-winners in 12 sports, including Lukas Verzbicas (2010-11, 2009-10 Carl Sandburg, Orland Park, Ill.), Megan Goethals (2009-10, Rochester, Rochester Hills, Mich.), Jordan Hasay (2008-09, Mission College Prep., San Luis Obispo, Calif.), Donn Cabral (2007-08, Glastonbury High School, Glastonbury, Conn.) and Chris Derrick (2007-08, Neuqua Valley, Naperville, Ill.).

The 6-foot, 125-pound senior won the Class 5A state meet this past season with a time of 15:58.53, breaking the tape 9.86 seconds ahead of his next-closest competitor and leading the Golden Bengals to a fifth-place finish as a team. Byrer was undefeated against in-state competition and won seven of eight races in the fall.

An avid guitar player, Byrer has volunteered locally as an elementary-school teacher's aide and as part of community beautification projects. "Austin has a tremendous kick which has allowed him to win many races which come down to the wire," said Tracy Harris, head coach of Mountain View High. "He is super-impressive in his confidence and how he handles big races."

Byrer has maintained a 3.73 GPA in the classroom. He remains undecided upon a collegiate destination.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Byrer joins Gatorade Idaho Boys Cross Country Runners of the Year Austin Stewart (2015-16, Shelley High School), Elijah Armstrong (2014-15, 2013-14 & 2012-13, Pocatello High School), Dallin Farnsworth (2011-12 & 2010-11, Highland High School), Cody Helbling (2009-10, Lake City High School), Barak Watson (2008-09, Columbia High School), and Eric Fitzpatrick (2007-08, Boise High School) as athletes who have won the cross country award since its inception in 2007.

As a Gatorade Player of the Year, Byrer will be able to select a national or local youth sports organization to receive a grant as part of the Gatorade Play It Forward program. Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and will have the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support. 12 spotlight grants - one for each sport - will be announced throughout the year.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit [www.gatorade.com/poy](http://www.gatorade.com/poy).

###