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**ST. JOHN'S COLLEGE HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE DISTRICT OF COLUMBIA VOLLEYBALL PLAYER OF THE YEAR**

CHICAGO (January 17, 2017) — In its 32nd year of honoring the nation's best high school athletes, The Gatorade Company, today announced Rebecca Frye of St. John's College High School as its 2016-17 Gatorade District of Columbia Volleyball Player of the Year. Frye is the sixth Gatorade District of Columbia Volleyball Player of the Year to be chosen from St. John's College High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Frye as District of Columbia's best high school volleyball player. Now a finalist for the prestigious Gatorade National Volleyball Player of the Year award to be announced in January, Frye joins an elite alumni association of state award-winners in 12 sports, including USA Volleyball players Kayla Banwarth (2006-07, Wahlert HS, Iowa), Alisha Glass (2005-06, Leland Public HS, Mich.), Jordan Larson (2004-05, Logan View HS, Neb.) and Foluke Akinradewo (2004-05, St. Thomas HS, Fla.).

The 5-foot-10 junior setter led the Cadets to a 21-11 record and the DCIAA tournament championship this past season. Frye tallied 358 assists, 168 kills, 149 digs, 83 service aces and 47 blocks while posting a .407 kill percentage. A 2016 Washington Catholic Athletic Conference Second Team selection, she is a two-time DCIAA First Team All-State honoree.

Frye has volunteered locally raising awareness of Fragile X syndrome, a genetic condition that causes a range of development problems, and as a youth volleyball coach. "Rebecca is a very intelligent player," said Brandon Wiest, head coach of Georgetown Day School. "She gets all of her teammates involved, and when hitting she was also a very dangerous weapon."

Frye has maintained a 3.64 GPA in the classroom. She will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Frye joins recent Gatorade District of Columbia Volleyball Players of the Year Jeanne Westney (2015-16, St. John's College High School), Evelyn Gray (2014-15, Maret School), Becca Bateman (2013-14 & 2012-13, St. John's College High School), Darian Dozier (2011-12, St. John's College High School), Isabel Eberstadt (2010-11, National Cathedral School), Jessie Egan (2009-10, Georgetown Visitation Preparatory School), Carolyn Bottelier (2008-09, Maret School) and Kelley Vershbow (2007-08, Maret School) among the state's list of former award winners.

As a Gatorade Player of the Year, Frye will be able to select a national or local youth sports organization to receive a grant as part of the Gatorade Play It Forward program. Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and will have the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support. 12 spotlight grants - one for each sport - will be announced throughout the year.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow the conversation on Twitter #GatoradePOY. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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