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**NATIONAL CATHEDRAL SCHOOL STANDOUT NAMED
GATORADE® DISTRICT OF COLUMBIA GIRLS BASKETBALL PLAYER OF THE YEAR**

CHICAGO (March 10, 2016) — In its 31st year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Isabella Alarie of National Cathedral School as its 2015-16 Gatorade District of Columbia Girls Basketball Player of the Year. Alarie is the second Gatorade District of Columbia Girls Basketball Player of the Year to be chosen from National Cathedral School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Alarie as District of Columbia's best high school girls basketball player. Now a finalist for the prestigious Gatorade National Girls Basketball Player of the Year award announced in March, Alarie joins an elite alumni association of past state girls basketball award-winners, including Candace Parker (2001-02, Naperville Central HS, Ill.), Diana Taurasi (1998-99 & 1999-00, Don Antonio Lugo HS, Calif.), Maya Moore (2005-06 Collins Hill HS, Ga.), Rashanda McCants (2004-05, Asheville HS, N.C.), Shyra Ely (1999-00, Ben Davis HS, Ind.) and Lisa Leslie (1988-89, Morningside HS, Calif.).

The 6-foot-3 senior guard and forward averaged 28.3 points and 15.6 rebounds and 5.3 blocked shots per game this past season, leading the Eagles (13-9) to a fourth-place finish in the Independent School League-AA. A member of USA TODAY's ALL-USA D.C. First Team as a junior, Alarie recorded a double-double in every game she played this season.

Alarie has maintained a 3.49 GPA in the classroom. She is fluent in Mandarin Chinese and has served as the president of the National Cathedral School Athletics Board. Alarie has also volunteered locally on behalf of the Children's National Medical Center.

"Isabella Alarie has been a fearless leader on our team for four years," said National Cathedral High head coach Brittany Mitch. "She is one of the hardest workers I have ever coached. She is a match-up nightmare for any opposing team and her ever evolving game makes her the most dynamic player in the area."

Alarie will attend Princeton University this fall, where she will play basketball.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Alarie joins recent Gatorade District of Columbia Girls Basketball Players of the Year Marta Snizek (2014-15 & 2013-14, National Cathedral School), Lindsay Allen (2012-13, St. John's College High School), Katie Gillespie (2011-12, Georgetown Visitation Preparatory School), Mooriah Rowser (2010-11, St. John's College High School), Nicola Zimmer (2009-10, St. John's College High School), Taylor Hilton (2008-09, Sidwell Friends School), Patrice Johnson (2007-08, H.D. Woodson Senior High School), and Khadijah Rushdan (2006-07, St. Elizabeth High School) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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