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**BOISE HIGH SCHOOL STANDOUT NAMED  
GATORADE IDAHO GIRLS TRACK & FIELD ATHLETE OF THE YEAR**

CHICAGO (June 17, 2015) — In its 30<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Emily Hamlin of Boise High School as its 2014-15 Gatorade Idaho Girls Track & Field Athlete of the Year. Hamlin is the first Gatorade Idaho Girls Track & Field Athlete of the Year to be chosen from Boise High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Hamlin as Idaho's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Athlete of the Year award to be announced in June, Hamlin joins an elite alumni association of state award-winners in 12 sports, including Allyson Felix (2001-02, Los Angeles Baptist, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.), Lolo Jones (1997-98, Roosevelt HS, Ia.) and Bianca Knight (2006-07, Ridgeland HS, Miss.).

The 5-foot-8 senior distance runner won the 800-meter run with a time of 2:15.03, the 1600-meter run in 4:59.50 and the 3200-meter run in 10:49.39, leading the Braves to the Class 5A state title as a team. The state's returning Gatorade Girls Track & Field Athlete of the Year, Hamlin tripled in the distance events for the second straight year and concludes her prep career as an eight-time individual state champion. She completed an undefeated season against in-state competition and earned 14<sup>th</sup> place in the 3200 at the prestigious Arcadia Invitational with a time of 10:28.40, which ranked as the nation's No. 40 performance among prep competitors in 2015.

Hamlin has maintained a 4.13 weighted GPA in the classroom. A member of her school's Humanitarian Club, she has volunteered locally on behalf of the Boise Rescue Mission Ministries and the Foothills Christian Church.

"Emily Hamlin is a super athlete, person and competitor," said Tracy Harris, head coach at Mountain View High. "As a runner, she is the complete package. It will be exciting to watch her progress in college"

Hamlin has signed a National Letter of Intent to compete in track and field on an athletic scholarship at the University of Washington this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Two-time winner Hamlin joins Gatorade Idaho Girls Track & Field Athletes of the Year Allison Jeffries (2012-13, Eagle High School), Brittany Owens (2011-12 & 2010-11, Borah High School), Allee Cooper (2009-10, Eagle), Liz Brandon (2008-09, Eagle), and Nicole Nielsen (2007-08 & 2006-07, Borah), among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit [www.gatorade.com/poy](http://www.gatorade.com/poy).

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