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ST. AMANT HIGH SCHOOL STANDOUT NAMED GATORADE® LOUISIANA SOFTBALL PLAYER OF THE YEAR

CHICAGO (June 4, 2015) — In its 30th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Kara Gremillion of St. Amant High School as its 2014-15 Gatorade Louisiana Softball Player of the Year. Gremillion is the third Gatorade Louisiana Softball Player of the Year to be chosen from St. Amant High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Gremillion as Louisiana's best high school softball player. Now a finalist for the prestigious Gatorade National Softball Player of the Year award announced in June, Gremillion joins an elite alumni association of past state award-winners in 12 sports, including Alicia Hollowell (2000-01, Fairfield HS, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.), Angela Tincher (2002-03, James River HS, Va.) and Kenzie Fowler (2006-07, Canyon del Oro HS, Ariz.).

The 5-foot-4 senior shortstop produced a .584 batting average with six home runs and 36 RBI this past season, leading the Gators (27-1) to the Class 5A state semifinals this past season. A two-time District 5-5A MVP, Gremillion knocked out 12 doubles, scored 53 runs, stole 15 bases and struck out just two times in 89 at-bats. A three-time Louisiana Softball Coaches Association First Team All-State selection, she committed just four errors at shortstop in 98 chances.

Gremillion has maintained a weighted 4.31 GPA in the classroom. She has volunteered locally with Operation First Base, an inner-city outreach program, and as a youth softball coach. She has also donated her time to a food bank and homeless shelter.

"Kara's athletic ability is almost super-human," said Scott Nielson, head coach of St. Amant High. "What separates Kara from other athletes is her incredible instincts and reactions; both things that cannot be taught."

Gremillion has signed a National Letter of Intent to play softball on an athletic scholarship at the University of Louisiana-Lafayette beginning this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with USA TODAY High School Sports, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Gremillion joins recent Gatorade Louisiana Softball Players of the Year Katie Brignac (2013-14, John Curtis Christian School), Baylee Corbello (2012-13 & 2011-12, Sam Houston High School), Sara Corbello (2010-11, Barbe High School), Meghan Patterson (2009-10 & 2008-09, Mount Carmel Academy), Kelee Grimes (2007-08, Pineville High School), and Ashley Brignac (2006-07, John Curtis Christian High School) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.