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**SHANLEY HIGH SCHOOL STANDOUT NAMED  
GATORADE® NORTH DAKOTA VOLLEYBALL PLAYER OF THE YEAR**

CHICAGO (December 11, 2014) — In its 30<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Alivia Fraase of Shanley High School as its 2014-15 Gatorade North Dakota Volleyball Player of the Year. Fraase is the first Gatorade North Dakota Volleyball Player of the Year to be chosen from Shanley High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Fraase as North Dakota's best high school volleyball player. Fraase joins an elite alumni association of past state award-winners in 12 sports, including USA Volleyball players Kim Glass (2001-02, Horseshoe HS, Penn.), Kim Willoughby (1998-99, 1999-00, Assumption HS, La.) and Ogonna Nnamani (1999-00, University HS, Ill).

The 6-foot senior middle hitter led the Deacons to a 31-1 record and the Class A state title this past season. The state's reigning Gatorade Volleyball Player of the Year, Fraase slammed 341 kills with 257 digs, 45 assists, 44 service aces and 40 blocks while posting a kill percentage of .437. A two-time First Team All-State selection, she racked up 23 digs and 15 kills in the state title-clinching win over Bismarck Century.

Fraase has maintained a 3.77 GPA in the classroom. A member of her parish's bell choir, she has volunteered locally on behalf of "Bag of Hope," collecting goods for children in need, and as a youth basketball and volleyball coach.

"Alivia Fraase is an amazing volleyball player," said Missy Wilson, head coach at Fargo Davies High. "She does a terrific job on the court assisting and encouraging her teammates while providing a quiet leadership role. She is the type of athlete I would love to have on my team each year."

Fraase has signed a National Letter of Intent to play volleyball on scholarship at the University of North Dakota in the fall of 2015.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Two-time winner Fraase joins Gatorade North Dakota Volleyball Players of the Year Kira Larson (2012-13, Fargo North High School), Hadley Steffen (2011-12, Red River High School), Jess Herauf (2010-11, Dickinson High School), Angie Waller (2009-10, Fargo North), Jessie Gust (2008-09, West Fargo) and Danielle Luetzen (2007-08, Minot) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit [www.gatorade.com/poy](http://www.gatorade.com/poy).

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