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**CENTURY HIGH SCHOOL STANDOUT NAMED
GATORADE NORTH DAKOTA BOYS TRACK & FIELD ATHLETE OF THE YEAR**

CHICAGO (June 20, 2014) — In its 29th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Landon Jochim of Century High School as its 2013-14 Gatorade North Dakota Boys Track & Field Athlete of the Year. Jochim is the third Gatorade North Dakota Boys Track & Field Athlete of the Year to be chosen from Century High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Jochim as North Dakota's best high school boys track & field athlete. Now a finalist for the prestigious Gatorade National Boys Track & Field Athlete of the Year award to be announced in June, Jochim joins an elite alumni association of state award-winners in 12 sports, including Ryan Hall (1999-01, Big Bear HS, Calif.), Meb Keflezighi (1993-94, San Diego HS, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.) and Lolo Jones (1997-98, Roosevelt HS, Ia.).

The 6-foot-3, 185-pound senior sprinter won three individual state championships and broke a pair of state records this spring, leading the Patriots to a second-place finish as a team at the Class A state meet. Jochim took gold in the 100-meter dash with a time of 10.89 seconds and established new state records in both the 200-meter dash in 21.58 and the 400-meter dash in 47.84. A 2014 First Team All-State selection, he also anchored the Patriots' state title-winning 4x400-meter relay quartet, which set a state record with a 3:21.00 clocking.

Jochim has maintained a B average in the classroom. A devoted parishioner of his church community, he has volunteered locally assisting the elderly, serving as a youth hockey coach and on behalf of the Dakota Zoo.

"Landon Jochim is not only a tremendous talent but a quality individual that everybody, including his competitors, truly admire," said Darrell Anderson, head coach at Bismarck High. "He has been committed to the becoming a better track athlete throughout his high school years and this past season was one of exceptional well-deserved success. He has a great attitude, outstanding focus and showed genuine gratitude to his fellow competitors."

Jochim has signed a National Letter of Intent to compete in track and field on an athletic scholarship at North Dakota State University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Jochim joins recent Gatorade North Dakota Boys Track & Field Athletes of the Year Jake Leingang (2012-13, Bismarck High School), Drew Wiseman (2011-12, Century High School), Brock Larson (2010 - 11, Fargo South High School), Brandon Barnes (2009-10, Bismarck), Ryan Todhunter (2008-09, Red River), Jason Duchsherer (2007-08, Bismarck), and Weston Leutz (2006-2007, Century) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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