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LAFAYETTE HIGH SCHOOL STANDOUT NAMED GATORADE KENTUCKY BOYS TRACK & FIELD ATHLETE OF THE YEAR

CHICAGO (June 20, 2014) — In its 29th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Landon Young of Lafayette High School as its 2013-14 Gatorade Kentucky Boys Track & Field Athlete of the Year. Young is the first Gatorade Kentucky Boys Track & Field Athlete of the Year to be chosen from Lafayette High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Young as Kentucky's best high school boys track & field athlete. Now a finalist for the prestigious Gatorade National Boys Track & Field Athlete of the Year award to be announced in June, Young joins an elite alumni association of state award-winners in 12 sports, including Ryan Hall (1999-01, Big Bear HS, Calif.), Meb Keflezighi (1993-94, San Diego HS, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.) and Lolo Jones (1997-98, Roosevelt HS, Ia.).

The 6-foot-7, 265-pound sophomore won two individual state championships at the Class 3A state meet this spring and led the Generals to a ninth-place finish as a team. Young captured the shot put title with a throw of 55 feet, 3.5 inches and launched the discus 169-5 to take home the gold. The 2013 USATF National Junior Olympics Track & Field Championships runner-up in both the shot and the discus, he finished fourth at this year's state wrestling tournament in the 285-pound class.

Young has maintained a weighted 4.38 GPA in the classroom. An officer for his school's Future Farmers of America chapter, he is also a member of the Beta Club and the Fellowship of Christian Athletes. He also has volunteered as an assistant to an autistic child at his church.

"Landon was very good this season," said Mike Brockman, head coach of St. Xavier High. "What makes him special is his length and footwork. He's quick through the ring with great balance."

Young has made a verbal commitment to compete in track and field on an athletic scholarship at the University of Kentucky beginning in the fall of 2016.

The <u>Gatorade Player of the Year</u> program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with <u>USA TODAY High School Sports</u>, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Young joins recent Gatorade Kentucky Boys Track & Field Athletes of the Year Jacob Thomson (2012-13, Holy Cross High School), Ronnie Baker (2011-12 & 2010 – 11, Ballard High School), Brandon Bagley (2009-10, John Hardin), Cameron Frazier (2008-09, Daviess County), Justin Green (2007-08, Louisville Male), and Brian Long (2006-2007, St. Xavier) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit <u>www.gatorade.com/poy</u>.