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**WOODROW WILSON HIGH SCHOOL HIGH SCHOOL STANDOUT NAMED
GATORADE DISTRICT OF COLUMBIA GIRLS TRACK & FIELD ATHLETE OF THE YEAR**

CHICAGO (June 19, 2014) — In its 29th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Deonna Diggs of Woodrow Wilson High School as its 2013-14 Gatorade District of Columbia Girls Track & Field Athlete of the Year. Diggs is the second Gatorade District of Columbia Girls Track & Field Athlete of the Year to be chosen from Woodrow Wilson High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Diggs as District of Columbia's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Athlete of the Year award to be announced in June, Diggs joins an elite alumni association of state award-winners in 12 sports, including Allyson Felix (2001-02, Los Angeles Baptist, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.), Lolo Jones (1997-98, Roosevelt HS, Ia.) and Bianca Knight (2006-07, Ridgeland HS, Miss.).

The 5-foot-9 senior hurdler and jumper won the 100-meter hurdles with a time of 14:56 seconds this spring, leading the Tigers to the District of Columbia State Athletic Association championship as a team. She also captured silver in the 300-meter hurdles in 45.41 as well as the triple jump with an effort of 36-9. A 2014 Washington Post First Team All-Met selection, Diggs won the 100 hurdles in 15 seconds and the 300 hurdles in 45.70 at the Draper Invitational.

Diggs has maintained a 3.06 GPA in the classroom. She has volunteered locally on behalf of her school's peer-leadership program and as a youth track and field coach.

"Deonna Diggs is a fierce competitor," said Woodrow Wilson head coach Desmond Dunham. "When she steps on the track she has no doubt or hesitation that she is the best and I always have admired that about her. She is versatile and competitive and is a technician in both the short and long hurdles."

Diggs has signed a National Letter of Intent to compete in track and field on an athletic scholarship at George Mason University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Diggs joins recent Gatorade District of Columbia Girls Track & Field Athletes of the Year Emily Kaplan (2012-13, Georgetown Visitation Preparatory School), Kiah Seymour (2011-12, Archbishop Carroll High School), Destiny Phillips (2010 - 11, Dunbar High School), Angela Bonham (2009-10 & 2008-09, Dunbar), JuaShaunna Kelly (2007-08, Roosevelt), and DeAnna Brown (2006-2007, Dunbar) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.