

Contact: Lauren Rollins (312-729-3607)

**KENAI CENTRAL HIGH SCHOOL HIGH SCHOOL STANDOUT NAMED
GATORADE ALASKA GIRLS TRACK & FIELD ATHLETE OF THE YEAR**

CHICAGO (June 19, 2014) — In its 29th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Allie Ostrander of Kenai Central High School as its 2013-14 Gatorade Alaska Girls Track & Field Athlete of the Year. Ostrander is the second Gatorade Alaska Girls Track & Field Athlete of the Year to be chosen from Kenai Central High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Ostrander as Alaska's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Athlete of the Year award to be announced in June, Ostrander joins an elite alumni association of state award-winners in 12 sports, including Allyson Felix (2001-02, Los Angeles Baptist, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.), Lolo Jones (1997-98, Roosevelt HS, Ia.) and Bianca Knight (2006-07, Ridgeland HS, Miss.).

The 5-foot-1 junior won three individual state championships at the Class 4A state meet this past season. The state's two-time returning Gatorade Girls Cross Country Runner of the Year, Ostrander won the 800-meter run with a time of 2:15.29, the 1,600 in a state-record 4:49.47 and the 3,200 in a state-record 10:13.87. Her 3,200 time of 10:03.66 at the Arcadia Invitational ranked as the nation's No.7 performance among prep competitors in 2014 at the time of her selection.

Ostrander has maintained a 4.00 GPA in the classroom. The junior class treasurer in her school, she has volunteered on behalf of a local food bank and youth sports programs.

"She is an amazingly gifted athlete," said Marcus Dunbar, head coach of rival Kodiak High. "She is a truly hard worker and loves running. She has won the prestigious Junior Mount Marathon race numerous years in a row in addition to participating in cross country, basketball and soccer. I believe she is just at the tip of her iceberg in discovering and developing her running talent."

Ostrander will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Ostrander joins recent Gatorade Alaska Girls Track & Field Athletes of the Year Audrey Michaelson (2012-13, Colony High School), Morgan Dampier (2011-12 & 2010 - 11, Wasilla High School), Lierin Flanagan (2009-10, Kenai Central), Gabrielle Todd (2008-09, Bartlett), Leah Francis (2007-08, Juneau-Douglas), and Andrea Crook (2006-2007, Bartlett) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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