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## CONWAY HIGH SCHOOL HIGH SCHOOL STANDOUT NAMED GATORADE® SOUTH CAROLINA BASEBALL PLAYER OF THE YEAR

CHICAGO (May 27, 2014) — In its 29<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Grant Holmes of Conway High School as its 2013-14 Gatorade South Carolina Baseball Player of the Year. Holmes is the second Gatorade South Carolina Baseball Player of the Year to be chosen from Conway High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Holmes as South Carolina's best high school baseball player. Now a finalist for the prestigious Gatorade National Baseball Player of the Year, Holmes joins an elite alumni association of past state award-winners in 12 sports, including Derek Jeter (1991-92, Kalamazoo HS, Mich.), Roy Halladay (1994-95, Arvada West HS, Colo.), David Price (2003-04, Blackman HS, Tenn.), Chipper Jones (1989-90, Bolles School, Fla.), Derek Lee (1992-93, El Camino HS, Calif.) and John Lester (2001-02, Bellarmine Prep, Wash.).

The 6-foot-2, 210-pound senior right-handed pitcher and outfielder compiled a 4-1 record and a 0.35 ERA, leading the Tigers to a 13-10 record this past season. Holmes recorded 82 strikeouts against just 10 walks in 40 innings pitched and also batted. .305 with a .494 on-base percentage. A 2013 Under Armour All-American and a 2013 Perfect Game All-American, he is ranked No. 5 in the nation in the class of 2014 by both Perfect Game USA and MaxPreps.com.

Holmes has maintained a 3.36 GPA in the classroom. A member of the National Honor Society, he has volunteered locally as a youth baseball coach.

"In my 25 years of coaching, have only seen one other high school pitcher be as dominant as Grant Holmes and that was Justin Verlander," said Tim Christy, head coach at Myrtle Beach High. "Holmes carries himself with class and has a demeanor that is not polluted with arrogance and self-promotion. If there is a better player in our state, I don't know who it would be."

Holmes has signed with the University of Florida but is projected as an early round selection in next month's Major League Baseball First-Year Player Draft.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with USA TODAY High School Sports, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Holmes joins recent Gatorade South Carolina Baseball Players of the Year Nick Ciuffo (2012-13, Lexington High School), Jamie Callahan (2011-12, Dillon High School), Jordan Montgomery (2010 – 11, Sumter High School), Forrest Koumas (2009-10, Lugoff-Elgin), Madison Younginer (2008-09, Mauldin), Zac Fuesser (2007-08, York Comprehensive), and Steven Neff (2006-2007, Lancaster) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit <a href="https://www.gatorade.com/poy.">www.gatorade.com/poy.</a>