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DIMOND HIGH SCHOOL HIGH SCHOOL STANDOUT NAMED GATORADE ALASKA BOYS SOCCER PLAYER OF THE YEAR

CHICAGO (May 13, 2014) — In its 29th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Jack Sedor of Dimond High School as its 2013-14 Gatorade Alaska Boys Soccer Player of the Year. Sedor is the fourth Gatorade Alaska Boys Soccer Player of the Year to be chosen from Dimond High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Sedor as Alaska's best high school boys soccer player. Now a finalist for the prestigious Gatorade National Boys Soccer Player of the Year award to be announced in May, Sedor joins an elite alumni association of past state award-winners in 12 sports, including Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Alexi Lalas (1987-88, Cranbrook HS, Mich.), Heather O'Reilly (2001-02, East Brunswick HS, N.J.) and Mark Sanchez (2004-05, Mission Viejo HS, Calif.).

The 5-foot-9, 180-pound junior forward and midfielder has scored 6 goals and passed for 13 assists this season, leading the Lynx to a 9-0-1 record entering Dimond's May 14 regular-season game with East Anchorage. Sedor was a First Team All-Cook Inlet Conference selection in 2012 and 2013.

Sedor has maintained a 3.48 GPA in the classroom. A devoted member of his church community, he has volunteered locally on behalf of a food bank for the needy and his school's buckle up seatbelt campaign.

"Sedor possesses a great balance of technical ability and physical gifts," said Matt Froehle, head coach at Bartlett High. "He can dribble at great speed and change directions deceptively, he wins the ball in the air and on the ground, his vision is outstanding and he doesn't mind sharing the ball."

Sedor will begin his senior year of high school this fall.

The <u>Gatorade Player of the Year</u> program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with <u>USA TODAY High School Sports</u>, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Sedor joins recent Gatorade Alaska Boys Soccer Players of the Year Jackson Lehnhart (2012-13, Juneau-Douglas High School), Michael Sedor (2011-12, Dimond High School), Kirby Hutto (2010 – 11, South Anchorage High School), Jon Hall (2009-10, South Anchorage), Blaine Carver (2008-09 Soldotna High School), Colin Flynn (2007-08, Juneau-Douglas), and Spencer Augustin (2006-2007, South) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit <u>www.gatorade.com/poy</u>.