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**COSBY HIGH SCHOOL HIGH SCHOOL STANDOUT NAMED
GATORADE® VIRGINIA GIRLS BASKETBALL PLAYER OF THE YEAR**

CHICAGO (March 13, 2014) — In its 29th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Dorothy Adomako of Cosby High School as its 2013-14 Gatorade Virginia Girls Basketball Player of the Year. Adomako is the first Gatorade Virginia Girls Basketball Player of the Year to be chosen from Cosby High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Adomako as Virginia's best high school girls basketball player. Now a finalist for the prestigious Gatorade National Girls Basketball Player of the Year award announced in March, Adomako joins an elite alumni association of past state girls basketball award-winners, including Candace Parker (2001-02, Naperville Central HS, Ill.), Diana Taurasi (1998-99 & 1999-00, Don Antonio Lugo HS, Calif.), Maya Moore (2005-06 Collins Hill HS, Ga.), Rashanda McCants (2004-05, Asheville HS, N.C.), Shyra Ely (1999-00, Ben Davis HS, Ind.) and Lisa Leslie (1988-89, Morningside HS, Calif.)

The 6-foot-1 senior forward has led the Titans to a 25-0 record and a berth in the Group 6A state championship game against Stonewall Jackson High, scheduled for March 14. At the time of her selection, Adomako was averaging 21.5 points, 9.0 rebounds, 3.6 assists and 2.8 steals per game. The 2013 Richmond Times-Dispatch All-Metro Player of the Year, she was a 2013 Group AAA First Team All-State honor and is ranked as the nation's No. 57 recruit in the Class of 2014 by ESPN.

Adomako has maintained a B average in the classroom. She has volunteered locally on behalf of the Prince William County Animal Shelter, at a homeless shelter and as a youth basketball coach.

"Dorothy Adomako is unstoppable," said Carolyn Clay, head coach of Manchester High. "It doesn't matter what defense you throw at her, she makes adjustments to her game very well. She doesn't seem to get rattled. If her game isn't on track, she just turns it up a notch."

Adomako has signed a National Letter of Intent to play basketball on scholarship at Georgetown University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Adomako joins recent Gatorade Virginia Girls Basketball Players of the Year Breyana Mason (2012-13, Forest Park High School), Caroline Coyer (2011-12, Oakton High School), Elizabeth Williams (2010-11 & 2009-10, Princess Anne High School), Tierra Ruffin-Pratt (2008-09 & 2007-08, T.C. Williams) and Jasmine Thomas (2006-07, Oakton) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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