

Contact: Adam Woullard (312-729-3627)

**LAKE REGION HIGH SCHOOL STANDOUT NAMED
GATORADE MAINE GIRLS TRACK & FIELD ATHLETE OF THE YEAR**

CHICAGO (June 19, 2013) — In its 28th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Kate Hall of Lake Region High School as its 2012-13 Gatorade Maine Girls Track & Field Athlete of the Year. Hall is the first Gatorade Maine Girls Track & Field Athlete of the Year to be chosen from Lake Region High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Hall as Maine's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Athlete of the Year award to be announced in June, Hall joins an elite alumni association of state award-winners in 12 sports, including Allyson Felix (2001-02, Los Angeles Baptist, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.), Lolo Jones (1997-98, Roosevelt HS, Ia.) and Bianca Knight (2006-07, Ridgeland HS, Miss.).

The 5-foot-9 sophomore won three individual championships at the Class B state meet this spring, leading the Lakers to second place as a team. This past winter's Indoor Track Female Performer of the Year as named by the Portland Press Herald, Hall captured the long jump outdoors with a leap of 18 feet, 5.75 inches in addition to sweeping the 100-meter dash (with a time of 12.12 seconds) and the 200 (in 25.49). She also anchored the 4x100-meter relay quartet that broke the tape in 50.65. Her 100-meter dash time of 11.68 at the Western Maine Conference Championships, her 200-meter dash time of 24.89 and her long jump leap of 19-0.75 at the New England championships all set state records.

Also a soccer standout, Hall has maintained a 4.00 GPA in the classroom. In addition to donating her time as a youth track and piano instructor, she has volunteered locally on behalf of a foster care program and the Juvenile Diabetes Research Foundation's Walk to Cure Diabetes.

"Kate Hall is a tremendous athlete," said John Caterina, head coach of rival Gorham High. "On top of her just being plain old talented, her training regime must be very impressive. Considering how short the track seasons are in Maine, her accomplishments are all the more impressive."

Hall will begin her junior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Hall joins recent Gatorade Maine Girls Track & Field Athletes of the Year Bethanie Brown (2011-12, Waterville High School), Abbey Leonardi (2010-11, 2009-10 & 2008-09, Kennebunk High School), Becky O'Brien (2007-08, Greely), and Chelsey Tewell (2006-2007, York) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

###